



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday February 16th, 2023



DATES TO REMEMBER

Term 1

Meet The Teacher Week
February 13th—February
17th

Friday February 17th
Y5-6 Interschool Sport—
AWAY

Friday February 24th
Whole School Assembly
3pm

Tuesday 28th March
Foundation-Y4 Allergy
Awareness Session

Tuesday 4th April KHPS
House Cross Country

Thursday 6th April
Last Day of Term 1

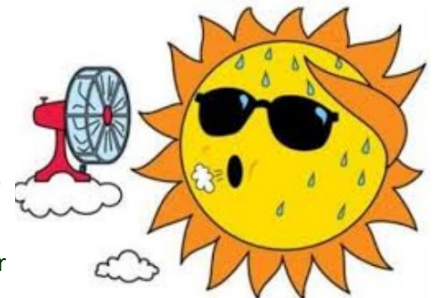
Dear Parents and Carers,

This week teachers have been conducting 'Meet the Teacher' sessions. Thank you for making the time to attend these sessions, so that we can establish a positive and shared role in making your child's school experience a happy one.

If you have not made an appointment to meet your child's teacher, I strongly encourage you to do so. If you are finding it difficult to meet in person, we could arrange a Webex meeting.

Hot Weather

After the extremely long Winter last year, it has been nice to have some beautiful Summer weather, however the extra hot days can make it quite trying for everyone. Just as we have 'Wet Day' time tables when it is too wet to go outside, we will adjust the time table when it is too hot for the children to spend extended time outside during the hottest part of the day. Please encourage your children to bring their water bottles and hats and sunscreen.



Oval

I mentioned in last week's newsletter that over the Christmas holidays when they started excavating, the soil was still holding water and too wet to proceed. Further advice was sought and to ensure that our oval is able to drain correctly and not crack, they need to undertake a stabilisation process. The contractors are currently updating the civil design for this to happen and stabilisation works are due to commence on the 6th March, final completion due on the 19th May.



KEILOR HEIGHTS PRIMARY SCHOOL
Ronald Grove, Keilor East 3033
Phone 9336 1739

Email Address keilor.heights.ps@education.vic.gov.au
Web Address www.kheights.vic.edu.au

School Attendance

Over the last couple years during Covid, we know that there was a significant increase in the amount of time that children were absent due to illness. While we encourage children to be resting at home when they are unwell, it is important that they attend school on all other occasions. This is for social, emotional and academic reasons and also helps prepare them for later years when they attend Secondary school and have jobs. Sometimes there is a perception that some school activities are not important and we have noticed that students are picked up early or don't attend, such as Assemblies. All aspects of school have equal importance and provide a broad range of experiences that our students need so that they have the best opportunity to be successful.

Essendon Keilor College

On Tuesday I visited EKC at the Niddrie campus to talk with Campus Principal, Adam Potter about how we can continue and strengthen our partnership and experiences for our students. We are excited to be continuing with the STEM experiences and talked about EKC students attending some of our Open evenings to show case various projects they have done with our KHPS students. We will keep you informed as we plan and confirm the details of these events. I will also be sending out a brief survey to our Year 3 families on behalf of EKC and would greatly appreciate your responses.

School Council Elections – Annual General Meeting

School Council is an important regulatory/governance body that supports and tracks our school against our priorities and targets, develops and endorses whole school policies and events. This year we will be having our school review, which occurs every 4 years. Part of this process will be enabling our school community opportunities to provide specific feedback about the last 4 years and what direction they would like to see in the future.

School Council will play an important role during this process and is a great opportunity for parents and carers to have a voice in the future direction of the school.

At Keilor Heights Primary School, we are allowed to have 13 members on school council, consisting of 9 parent representatives and 4 staff representatives.

We are always looking for new members and encourage you to join. It is always great to have people with a range of experiences and skills on council.

If you would like to know more about the role and commitment, please come and speak to me or you can access material on the new Department of Education (DE) website at the following link:

<https://www.education.vic.gov.au/parents/going-to-school/Pages/get-involved-at-school.aspx>

School Council elections open Monday 13th February and nomination forms will be available from the office and on our website: <https://kheights.vic.edu.au/parents/school-council/>

Nominations close Friday 10th March at 4.00pm

Wishing everyone a lovely weekend

Victoria Graham



NEW CHAPLAIN

Hey families and students of Keilor Heights Primary School!

My name is Riley McDowell and I have the absolute privilege of being the school Chaplain at this school for 2023. I am very much looking forward to the year ahead and getting to know you all as the year goes on. A few things about myself so you can get to know me quickly:

- I love Music and play the drums.
- I love any kind of sport, especially Footy, Cricket & Basketball.
- I am a diehard Western Bulldogs Fan!
- I enjoy getting amongst young people and journeying with them during the good and bad times in life and helping out wherever I can!

If you ever see me in the yard before or after school, please don't hesitate in saying Hello or G'day. I am always up for a chat! It's going to be a fun year at KHPS and I am so excited that I get to be a part of it and get alongside you all as we go along throughout the year.

Thanks heaps and hopefully I'll see you around at some point!

Regards,

Riley McDowell



2023 CSEF Applications

Camp, Sports & Excursions Fund (CSEF) application forms for the 2023 school year are now available from the school office.

If you are a parent/foster parent/guardian, and you hold a Health Care Card or Pension Concession Card (in your name) that is still valid then you are eligible to apply.

ANNUAL PRIVACY REMINDER FOR 2023

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' privacy policy: information for parents \(education.vic.gov.au\)](https://www.education.vic.gov.au/schools/privacy-policy)

Please take time to read our school's collection notice, found on our website: <https://kheights.vic.edu.au/wp-content/uploads/2023/02/KHPS-School-Privacy-Policy-2023.pdf>

We ask parents to also review KHPS's Digital Learning Profile <https://kheights.vic.edu.au/wp-content/uploads/2022/11/Digital-Learning-Policy.pdf> that outlines how students safely use technology at school and what parents can do to further protect their child's information.

For more information about privacy, refer to: [Schools' Privacy Policy – information for parents](#). This information is also available in ten community languages:

Amharic	Arabic	Dari	Gujarati	Mandarin
Somali	Sudanese	Turkish	Urdu	Vietnamese

Cyber Safety



Must Attend Online Event

Tonight (Thursday 16th Feb 2023) the Cyber Safety Project will be offering the first of four online sessions to parents and we strongly urge you to register for the event. All of our students and your children, access the internet in one form or another, and it is vital that we as adults in their lives understand the world they are trying to navigate through.

Cybersafety.project.com.au/webinars

Please see flyer on page 4.

**CYBER
SAFETY
PROJECT**

LIVE ONLINE VIA ZOOM

On-demand rewatch
available

**LIVE
WEBINARS
AT 7:30PM**

(AEDT/AEST)

PARENT & GUARDIAN WEBINAR SERIES 2023



Plan, Prevent, Protect

THURSDAY 16TH FEBRUARY

Learning, connecting and playing online can be positive and safe. Learn how to create a safe online environment at home with practical advice for raising young people in a technology-rich world.



Safety on the Socials

TUESDAY 9TH MAY

Uncover the world of social networking through the lens of a child and teenager. Understand the risks and discover techniques to prepare kids to be safe and responsible on the socials.



Gaming and Your Family

WEDNESDAY 26TH JULY

You can learn a lot through gameplay. Help the young people in your home get the most out of gaming experiences and learn strategies to build healthy gaming habits.



Digital Balance and Wellbeing

TUESDAY 17TH OCTOBER

Technology plays a vital role in our world but it's easy to lose control. Finding a balance is a crucial 21st century skill. Discover simple tools and settings to manage screen time and thrive in a digital world.

FREE REGISTRATION

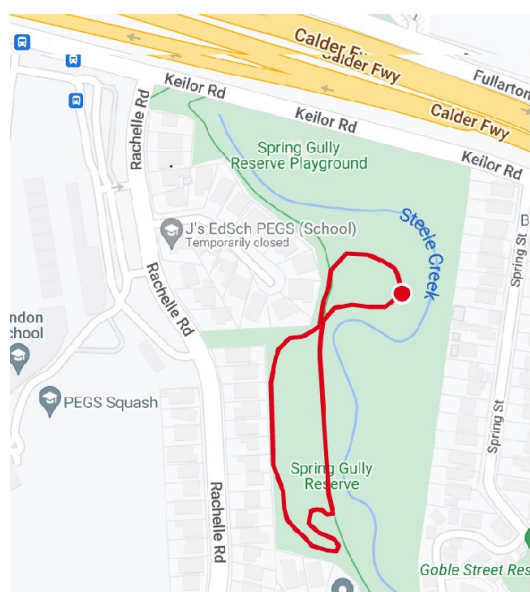
cybersafetyproject.com.au/webinars





KHPS House Cross-Country/Buckley District Interschool Cross-Country Trials (Years 3-6)

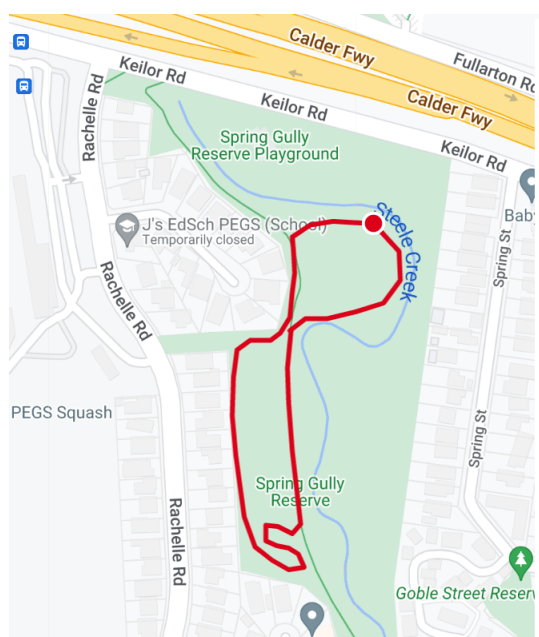
This year's KHPS House Cross-Country/Buckley District Interschool Cross-Country Trials for students in years 3-6 will take place on Tuesday, April 4th (last week of term 1). On this day, all students and teachers in years 3, 4, 5 and 6 will walk down to Steele's Creek/Spring Gully Reserve in Keilor East (near Valley Lakes) to complete either the 2km run (10 years old this year and younger) or 3km (11 years old this year and older).



Students turning 10 years old or under in 2023 (born 2013, 2014 and 2015) will complete 3 x laps of approximately 670m (2km).

Every lap completed of the circuit shown will earn house points which will go towards awarding the House Cross-Country Shield for 2023.

The event is also a qualification opportunity for students (top 6 in each age group/gender) who are keen runners and have ambitions to represent KHPS at the Buckley District Cross-Country Event which will be held in Term 2, Week 2 at Brimbank Park.



Students turning 11 years old in 2023 (born 2012) and students turning 12 or 13 years old in 2023 (born 2010 or 2011) will complete 4 x laps of approximately 750m (3km).

Students may have different goals on the day but the focus will be on having fun, being active, and doing their best to run/walk as many laps as they can in the allocated time.

For those students who are keen competitors and wish to qualify for the interschool cross-country team and take it right up to other schools in our sports district, they may wish to start training (with parent/guardian supervision) on the courses shown left.



AFL Victoria Visits KHPS

On Wednesday afternoon, visitors from AFL Victoria conducted an AFL clinic with students in Years 5 and 6. Although it was very hot, students had lots of fun and were able to practise a variety of Australian Football skills. We hope to have AFL Victoria back at KHPS later on in the year.





*Sunday Funday,
EKCC
Pink Stumps Day!*

Jane McGrath Charity Match

Under 12s & 14s girls play their Mums & female significant others!
Bring your Mum, Sister, Auntie & Girlfriends!

EVERYONE WELCOME

1pm Sunday 26th February

Wear a splash of pink!
A percentage of funds raised
will go to the Jane McGrath Foundation

The bar will be open,
sausage sizzle &
entertainment for the kids.

McGrath
Foundation
COMMUNITY
FRIEND



East Keilor- \$20 Discount

When:

- U8's – Friday 5pm
- U12's – Friday 6pm

Where:

- Keilor Heights PS Hall, Ronald Grove, East Keilor

Duration:

- 1 hour per session.

Cost:

- \$20 per session GST & Booking fee Inc.

Interested?

Learn all the specialised skills, while having fun with your friends.
Spots are limited, Be Quick!!!

Apply coupon code at checkout **KH20** to receive your \$20 discount.
Book at www.soccerproacademy.com.au/book to secure your spot.



ALLERGY AWARENESS SESSION



**FUN,
EDUCATIONAL
AND
INTERACTIVE**

Jackie Nevard, author and creator of My Food Allergy Friends is coming to our school! Educating young students in a fun, interactive way. Allergy education for students.

WHAT WE COVER IN OUR SESSIONS:

- One in 10 infants have allergies, we discuss the most common allergens
- The symptoms of an allergic reaction
- The importance of having an EpiPen or Anapen
- Reinforce YOUR school allergy policies
- We explain the importance of washing our hands and why we don't share food or drinks at school
- We help students to become 'Food Allergy Smart'
- We discuss ways we can help our friends with allergies by including them and informing a teacher if they become sick
- Every student receives a certificate for attending our food allergy session
- We read a story and have activities for younger students available*
- Each school receives our School Allergy Poster Pack

*Please note all craft cut outs, colouring pages and school quiz will be emailed to your school to print out before the day

See you Soon!

**1 in 10 infants will develop a food allergy
Education is the key to managing food allergies**

www.myfoodallergyfriends.com





Our new xap App

- + Make bookings
- + Record absences
- + Make payments
- + Access all invoices

**Enrol now
for term 1**

bigchildcare.com/enrol



Parents and Friends

NEW MEMBERS NEEDED
JOIN US

- Connect the school community through events
- Raise funds for the school
- All family members & carers are welcome to join
- Be a part of the committee for monthly meetings or join the volunteers email list



Contact breecheesehansen@hotmail.com to join the committee or to be placed on the volunteers email list