



Aiming for Excellence

# KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday August 3rd, 2023



## DATES TO REMEMBER

Term 3

Monday 7th August—  
Buckley District ISS

Friday 11th August—  
Whole School Assembly  
3pm

Friday 11th August—Y4/5  
High School Musical  
Excursion

Thursday 17th August—  
Morris Gleitzman Y3-Y6

Friday 18th/25th August  
Y5/6 Fitness For All

Friday 25th August—  
Whole School Assembly  
3pm

Monday 4th September—  
Tuesday 12th September  
F— Y2 Swimming Program

Friday 4th August—  
**CURRICULUM DAY -  
NO SCHOOL**



## KHPS Value of the Week

Responsibility



### Digital Technologies

- Use the internet as a learning resource
- Follow the User Agreement (3-6)
- Protect personal information
- Report inappropriate usage to a staff member

Dear Parents and Carers,

### Oval

The day has arrived! As I am writing this newsletter the fences are being taken down and we have had students run out onto the new oval. It has been a long time in the waiting but we can certainly be very proud and happy with the final outcome. Mr Matton did the honours of cutting the ribbon with our School Captains and led the whole school on a lap around the track.



Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture. We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL  
Ronald Grove, Keilor East 3033  
Phone 9336 1739

Email Address [keilor.heights.ps@education.vic.gov.au](mailto:keilor.heights.ps@education.vic.gov.au)  
Web Address [www.kheights.vic.edu.au](http://www.kheights.vic.edu.au)

### Year 5/6 Day Camp

Last Friday the Year 5/6 students made the trek out to Riddells Creek to participate in a full day of outdoor camping experiences. Although it was a little cold to begin with, the sun soon came out and we could not have asked for a more perfect day. It was a fantastic opportunity for students to work with other students from across the cohort, work as a team, demonstrate resilience and have a go at new experiences that may be outside their comfort zone.

There were a few group challenges throughout the day and well done to Scarlett who won top prize for being the first to spot a koala within the first 20 minutes of arriving! (See full report on page 3)

### Pre-review Self-Evaluation

Yesterday we had our School Leaders and Junior School Council representatives participate in a forum where they could provide their feedback on their school experiences over the last few years at KHPS and what suggestions they might have to make future experiences even richer for our students.

Next week we will be running a similar session with School Council and also inviting parents and carers to attend one of two open sessions.

Wednesday 9<sup>th</sup> August – 9.00am – 10.00am

Thursday 10<sup>th</sup> August – 2.30pm – 3.30pm

We would love to see you there as it provides the perfect opportunity for us to have feedback and input from all perspectives in our school community.

### Thank you

We would like to thank Nelson Alexander for their donation of \$300 towards our recent PFA Bunnings barbeque which raised over \$2000!! We would also like to thank and acknowledge the generous donation of a much-needed new barbeque from a community member. This enables all of the funds raised through the different fundraisers to go back to the school rather than on updating old equipment.

**Nelson  
Alexander**

### Curriculum Day – Friday 4<sup>th</sup> August

***A reminder that tomorrow is a pupil free day and no students are required at school.***

Teachers will be onsite and also spending the day looking at data from the last four years for our pre-review self-evaluation.

Wishing everyone an enjoyable weekend.

Victoria Graham



### Foundation Enrolments for 2024

Just a reminder that these are due now, please submit ASAP. If you know of a family who have a child starting next year please have them contact the school on 9336 1739.





## 5/6 Day Camp

Friday the 28th of July the Year 5/6's had a day camp at TreeTops Mount Macedon. All the 5/6 students had to arrive at school at 7:30am. We all took the bus there. The bus ride was around 1 hour. In bus 1 we got to watch Garfield, but unfortunately bus 2 didn't get a movie. The bus driver dropped us off then we got separated into our groups.

We had 6 activities. Those activities were, Bush Golf, Cubby Building, Commando Course, Low Ropes, Bush Craft and Make Your Own Fire. Personally my favourite was Make Your Own Fire. We got to roast marshmallows! Yummy! We had loads of laughs and smiles which was great. With Bush Craft we had to make something creative with the nature around us. I made the KHPS logo out of sticks. In the Commando Course we had to climb over things and try not to fall in muddy water. The Commando Course was definitely one of my favourites!

It was a great day and everyone was exhausted after. We got onto the bus at 3:30. Once again bus 1 got a movie and bus 2 didn't. We arrived at school around 4:30. Overall it was a great day!

### Treetops camp

Ugggggh I am so tired why do I have to be at school by 7:30. Once I woke up got ready and packed I went to school and there was so many people and you could feel the excitement. We got onto the bus and excitement arose. The bus ride was fun and before we knew it it was over.

When we got there we waited and then got sorted into our groups I was in group 4. We started on the low ropes course and then went to the commando course which was similar but hard. Then was recess and we all played tug of war which the girls dominated. Then we had fire building and bush craft which was really hard but rewarding at the end. Then we had lunch and then bush art which was my favourite and then ended the day with cubby building.

Over all I really enjoyed it and loved the site, groups and activities despite having to bring our own food. I enjoyed it and I think most people did to. I definitely recommend it and hope we can go again.



### 5/6 Camp

There was a crowd when everyone got to school, waiting to go to camp at 7:30am. Everyone was so energetic, right in the morning. The bus arrived at 8am and we watched Garfield on the way there, we got to the Treetops Activity Centre and wasted no time going to the camp fire, Ms Graham gave a little speech then Ms Graham showed us around the place where the activities were, on the way we spotted a koala, and after the little tour we got into groups, I was with Ms Valentine.

My group and Ms Valentine had to start a fire as our first activity, and went to the small bonfires, we got into three groups of four and we only got two matches per group to start a fire, we all got sticks and leaves to help the fire. Successfully all three groups made a fire and we all got 2 delicious marshmallows. After the fires we started to do bush art, Riyan and I made a huge star, big enough to lay in, then filled the star with our surroundings. We had snack after bush art, many people were covered in muddy water all over their clothes. After lunch I had low ropes which is where I fell the first time that day. The commando course was after low ropes, which was exciting but scary because it was where most people fell into muddy water. I completed the course with only stepping a foot into mud. We had lunch and also played tug of war with everyone. After I had bush golf which was really fun even Ms Valentine even joined! We went back to the school for another hour. When we got back to the school around 4pm everyone's parents were waiting for them and we all went home after a tiring day.



T  
R  
E  
E  
T  
O  
P  
S





## **Morris Gleitzman 2023 Tour**

On Thursday the 17<sup>th</sup> of August the world-renowned Author Morris Gleitzman is coming to KHPS. Our Year 3-6 students will be listening to him talk about his career and the many books he has written. Students can also bring along any books they own written by Morris and he will happily sign them. I hope this is an enjoyable and memorable event for our students. Further information for families is on Compass.

Ms Di Sipio

# The Library is open every Monday at lunchtime



If you would like a quiet warm place where you can read your favourite books just like these children, the library will be open on a Monday at lunchtime this term. See you there!

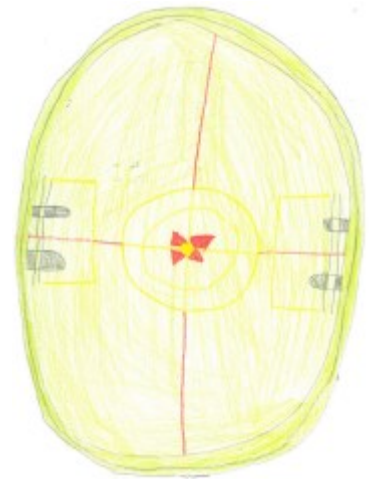
Ms Di Sipio



Don't forget to check here for any lost clothes and always remember to clearly name each article of clothing.

## The new oval

On the third of August after our p.e. lesson the whole school went into the gym to talk about the rules of the new oval. Miss Graham said that the grade sixes should go on the oval first then the grade fours then ones and twos then the prep's but before that the house captains had to hold the ribbon for the matten to cut it before we new it the grade sixes were of then fours were of so then it was our turn it felt amazed what the builders had put together as I ran around the oval then the sister and so on after that it was recess I ran out to get my food as soon as I ate I ran get my stuff and the golden archive and the scanner to play markers up. Now let me tell you about what colour there are there's yellow lines wood lines green grass and white goal post posts. It felt so good to be on the brand new oval.



3/8/23

## Fun On the oval

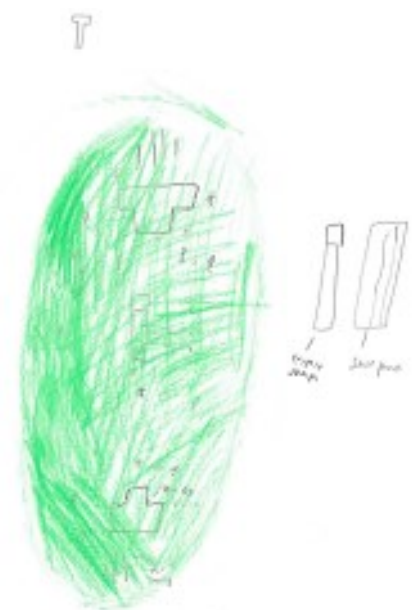
Today is our lucky day the oval is finally opened! it looked so cool the school capdends were holding a red ribbon nar matten our p.e. ticher cut the red ribbon in half there was a running track and the hole school ran on it I loved playing on there it was the best thing I've ever gonto the sand pit it's really fnisht the end



## Our new school oval

Today our new school oval opened. We have been waiting for a very long time for our oval. At the start our whole school did a lap around the running track. We were very excited. There were green grass and different colour lines. There was yellow and white lines on the new oval and a football goal posts. There was lots and lots of different games we could play now and a few that are not ready yet. We could play soccer, cricket, and football now and shot put and triple jump that is not ready yet. There was lots of different things that we could play and do. It was lots of fun to play on our new oval that we have been waiting for. I played soccer at recess with my friends. I was really

excited every day I was not here me and my mum and sister were past the oval. There is still a little bit of grass that needs to grow but I don't think it will take much time. I wonder how it will look when everything will be finished. Well I hope it doesn't take so long this time.



# CANTEEN

## menu

### SPECIAL DAYS MENU

#### Friday

Cheese burger H	
Chicken burger H	\$6

### EVERYDAY HOT FOOD MENU

Sausage Rolls H	\$4
Hot Dog H	\$5
Plant Based Hot Dog PB	\$5
Veggie Burger	
Beef Lasagna H	
Vegetable Lasagna	
Fried rice with soy sauce	
Fried rice with chicken	
Spiral Bell Pepper	
Chicken Nuggets x2	\$6
Chicken Nuggets x2 GF H SF	\$7
Plant Based Nuggets x2	\$5
Party Pies x2	\$3
Chicken Nuggets x2	\$3
Gluten Free Chicken Nuggets x2 GF H SF	\$4
Plant Based Nuggets x2 PB GF EF	\$4
Party Pies x2	\$3

### DRINKS

Moo choc Milkshake 250ml	\$2.50
Moo strawberry Milkshake 250ml	\$2.50
NU Water 600ml	\$2.00
Groove drinks	\$4.00
Grape	
Cool blue	
Raspberry	

### TOASTIES

#### WHOLEMEAL, WHITE & GF BREAD

Cheese Toastie	\$4
Cheese & Tomato	\$5.00
Ham Toastie	\$5.00
Salad Wrap	\$5
Lettuce, tomato, cucumber, grated carrot, cheese with kewpie mayo Avocado extra \$0.50	
HLT	\$5
Ham, Lettuce, Tomato with kewpie Mayo	

### SNACKS

Apple	\$1
Fresh Fruit Salad	\$4
Granola Cups with yoghurt	\$4
Jelly Cups Raspberry & grape H GF	\$2.50
Lemon Slice EF	\$2.50
Hedgehog Slice EF	\$2.50
Piranha popcorn sweet & salty	\$2.50
Vegemite scrolls	\$3
Chips jumpys /veggie straws	\$2

**CANTEEN CLOSED TOMORROW  
CURRICULUM DAY  
NO SCHOOL**



SWEET THINGS WITH GREAT LOVE







*Astwood*

# NETBALL

**@KEILOR HEIGHTS  
PRIMARY SCHOOL**

**TUESDAY YEARS 1,2 & 3      FRIDAY YEARS 4,5 & 6**

**BEGINS 8TH AUGUST**

- Time: 3:30 - 4:30pm
- Location: Keilor Heights
- Cost: \$170 (x17 weeks)  
Terms 3 & 4

**REGISTER VIA EMAIL**

 [astwoodnetball@gmail.com](mailto:astwoodnetball@gmail.com)



Calling all boys and girls 5-10 years old....do you love sports, ball skills and having fun with your friends! Woolworths NetSetGo is the perfect introduction to the wonderful sport of netball



**Saturdays**  
12pm, Sept 9th  
- Dec 2nd



**Riverside Tennis and Netball Centre, Newson St, Ascot Vale**



[www.essendondna.com.au](http://www.essendondna.com.au)





Association for  
Children with a  
Disability

## Free online workshop

## Getting Support at School

### Does your child need more support at school?

Do you want to feel more confident to ask for the help they need?

Then don't miss this FREE online workshop by ACD.

Take a detailed look into how school processes work and learn how plans can help your child.

#### When:

- Monday 14 August 7:00 pm
- Tuesday 15 August 10:00 am
- Wednesday 16 June 10:00 am
- Thursday 17 August 10:00 am

#### More information:

- This workshop is for families of school-age children with disability
- Workshop is two hours
- Bookings are essential
- For families in Victoria only
- Professional workshop facilitators are parents of children with disability

#### Topics include:

- Individual Education Plans
- Behaviour Support Plans
- Reasonable adjustments
- Understanding school processes and plans

#### Read more and register now



[bit.ly/GSSaugCC](https://bit.ly/GSSaugCC)

#### Contact us



[educate@acd.org.au](mailto:educate@acd.org.au)



03 9880 7000 or  
1800 654 013 (regional callers)

[www.acd.org.au](http://www.acd.org.au)

# Safety around schools

Providing safe school zones for all children



**Keep children safe in a school zone by:**

- walking or cycling to school to decrease traffic congestion
- adhering to the 40km per hour zone when travelling in an operated school zone
- checking the restrictions set by the regulations and parking signs in the area and abiding by them
- not stopping or parking illegally – these actions will be noticed and infringements will be issued by Council.

**You should:**

- always let your child out on the kerb side of the road
- never call your child from across the road – teach them to wait until you walk over to get them or to use the school crossing

- talk to your child about what they should do if you are not there on time.

**A children's crossing is a legal crossing when two flags are in place.**

**Teach your child to:**

- always stand one step back from the kerb
- wait for the Crossing Supervisor to go out onto the crossing and blow their whistle (two short blasts), then cross the road
- not ride bikes, bounce a ball, fight, muck around or run across the crossing
- always stay within the lines of crossing and walk in front of the supervisor (never behind them)
- always be alert and listen to what the Crossing Supervisor says.

# The drop off and pick up zone

