



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday September 7th, 2023



DATES TO REMEMBER

Term 3

Monday 4th September –
Thursday 14th September
F– Y2 Swimming Program

Tuesday 12th Sept – Oval
Opening – Footy Day



Friday 15th September –
Whole School Assembly
2pm

Friday 15th September –
Last Day of Term 3
Early dismissal 2.25pm

Term 4

Monday 2nd October
First Day of Term 4

**HATS MUST BE WORN
FOR THE REST OF THE
YEAR**



KHPS Value of the Week

Respect



I will:

- Put rubbish in the bin
- Use play equipment properly
- Share play spaces
- Play cooperatively with others

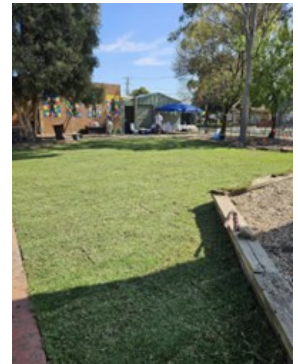
School Grounds

Dear Parents and Carers,

Working Bee

A big shout out and thank you to all of the families who came along to Saturday's working bee and did a tremendous job of laying out new turf around the Junior Playground, portables and oval.

A special thank you to Scott, Harold and Phoebe from SMIC (School Maintenance Improvement Committee) who applied for the grant to purchase the turf and for all of their preparation work. It was a beautiful day and provided a great work out and opportunity to meet new families. This week's rain will certainly help the grass to settle and roots to take hold and hopefully students will be able to enjoy the new soft surface after the holidays.



Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture. We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL
Ronald Grove, Keilor East 3033
Phone 9336 1739

Email Address keilor.heights.ps@education.vic.gov.au
Web Address www.kheights.vic.edu.au

Riverlea Choir Visit

Tomorrow our school choir will be making their second trip to Riverlea Aged Care facility after being invited back after their very well received Mother's Day performance. Our choir teachers, Mrs Caruana and Ms Taylor have been holding extra practices in preparation and will be accompanying the choir on their visit.



Planning Week

Next week teachers will be planning in their teams for Term 4. While teachers ensure that the curriculum is covered, students also contribute their ideas to planning, especially through Integrated topics. Students will be asked what types of things they would like to learn more about, related to the Inquiry topic and the different ways they might like to research and demonstrate their learning. This is to promote curiosity and engagement and help students to take ownership and responsibility for their own learning which is all part of Student Voice and Agency.

Farewell

Next Thursday will be Riley, our school chaplain's, last day. We wish Riley all the very best with his next adventure and thank him very much for his time at KHPS and work he has done with our students and families.

Last Week Term 3

Next week is the last week of Term 3 and don't forget our whole school Footy day on Tuesday.

If your child would like to order a special lunch from the canteen, please place your order as they close today!

Next Friday will be the last day of term and will finish at 2.25pm.

Have a nice weekend, one week till end of term.

Victoria Graham



There are still a number of overdue library books, please return ASAP to avoid an overdue notice.

RB

FOOTY DAY

Wear your favourite sports team to school!

Grand opening of our amazing oval !!!



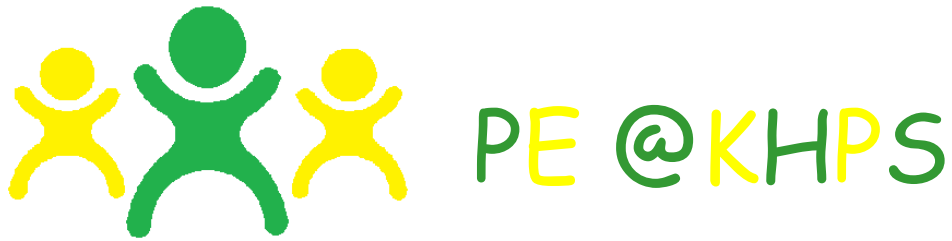
TUES
12
SEP



**Special Menu
HOT DOG DAY**



**Hot Dog \$5
Hot Dog and Juice
\$7
order through the
QKR app
BY E.O.D THURSDAY
7TH**



Interschool Athletics Update

Well done to the 9 KHPS athletes who competed at the Moonee Ponds Divisional Athletics Carnival on Tuesday– Ava S, Alexia V, Finn M, Jake C, Alison C, Loukia P, Katie T, Dylan W and Diya K. You all did a fantastic job representing our school. An extra big congratulations to Ava, Alexia, Finn, Jake, Katie, Loukia and Diya who finished in the top 2 of their events and will now go on to represent KHPS at the Western Metropolitan Regional Athletics Carnival on Tuesday the 17th of October at Keilor Little Athletics Track.

Mr Matton

PE and Sports Coordinator



Does your child know how to ride, but need a little confidence boost?

Would they like to brush up on their skills with other kids in a fun, interactive workshop led by a bicycle expert?

Then this is the workshop for them!

The training is designed to ensure participants develop the knowledge, skills and confidence to ride their bikes safely in real-world environments applicable to their skill level and experience.

This event is organised by Moonee Valley City Council. The training will be facilitated by one of Australia's leaders in cycling tuition - Cycling Safe instructor Steve Taylor. Steve holds a Working with Children Check and a First Aid qualification.

The workshop is open to anyone who lives, works, studies or plays in Moonee Valley and is limited to 10 participants. All participants must bring their own bicycle and helmet.

Book via the link [MOONEE VALLEY CYCLING EVENTS](#)

ITALIAN — TERM 3 — WEEK 9

In Term 3, Foundation students have been learning about Pinocchio, body parts and family
And making Father's Day cards! *Buona festa del papà!*



Year 1/2 students have been learning about colours and fruits.
And making Father's Day cards! *Buona festa del papà!*



Year 3 to 6 students have been learning to talk about doing, playing, liking and not liking
different Sports. And making Father's Day cards! *Buona festa del papà!*



**BOOKINGS ARE
NOW OPEN**

Rise Up Kids Yoga & OT September Workshops

Join Michelle at one of her 'Meaningful Fun' workshops this spring



PARENT WORKSHOP

**Strategies to help your child
wash away their worries**

TIME: Tues Sept 19th 19:20pm

COST: \$30

For bookings and more information visit
riseupkidsyoga.com.au or scan the QR code



KIDS YOGA & MINDFULNESS

Superkids (For ages 4-7)

TIME: Mon Sept 25th 10:00-11:30am

COST: \$27

For bookings and more information visit
riseupkidsyoga.com.au or scan the QR code



KIDS YOGA & MINDFULNESS

Tweens Empowerment (For ages 8-12)

TIME: Mon Sept 25th 1:00-3:00pm

COST: \$35

For bookings and more information visit
riseupkidsyoga.com.au or scan the QR code



All workshops will be held at

Yoga Freedom Studio

Vincent Lane Avondale Heights

(Entrance is behind The Cheesecake Shop on Military Rd)

Contact Michelle Roberts for more information about
Rise Up Kids Yoga & OT workshops by calling 0449 554 036
or emailing michellerobertsot@yahoo.com



RISE UP
KIDS YOGA & OT

riseupkidsyoga.com.au

**LITTLE
PLAYMAKERS
SPORTS**

GIVE YOUR CHILD THE BEST INTRO TO SPORT

Little Playmakers Sports provides a contemporary and engaging ball sports program catering for children aged 3–7.

We emphasise exploratory play, fundamental skills and game sense opportunities to give your child the best possible chance to develop a lifelong passion for sport!

Term 4 covers: Aussie Rules Football, Basketball, Cricket, Soccer and Tennis.

TERM PROGRAM

New sport every fortnight! Running on Sunday mornings for 45 minutes, from 8 October to 17 December.

\$198 for the term. Single session rates available.

SCHOOL HOLIDAY CLINIC

Wednesday, 20 & 27 September.

\$12 per session.

SELECTED SPORTS

Just attend the Term 4 sessions for the sports your child is interested in! See our website for the timetable.

\$20 per session.



Program designed by renown coach, Mitch Johnstone



Sessions run by experienced primary teachers and sports coaches



Ratios of 1:10 coaches to children



Three age groups, 3-4yo, 4-5yo and 5-7yo.



LOCATION

Indoors at the Avondale Heights Community Precinct Stadium, 69–89 Military Rd, Avondale Heights (opposite the McDonald's)

**LITTLE
PLAYMAKERS
SPORTS**



LITTLE ATHLETES, BIG DREAMS

MAKE THE PLAY TODAY AND BOOK NOW!

www.littleplaymakers.com.au

0404 254 765 | admin@littleplaymakers.com.au

KEILOR EAST TENNIS CLUB

115 RACHELLE RD, KEILOR EAST

"MAKING A DIFFERENCE TO YOUR GAME"



FREE

**TRIAL LESSON
+
HOT SHOTS
T-SHIRT**

NOW ENROLLING

HOT SHOTS

KINDER PROGRAM

ADULT LESSONS

CARDIO TENNIS



For more info contact:
Edwina - 0476 860 099
admin@showcourttennis.com



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www.showcourttennis.com



[@showcourttennis](https://www.instagram.com/showcourttennis)

big radio

big

SPRING TASTIC!

big HOLIDAY CARE

SPRING HOLIDAY CARE

"WHERE EVERY HOLIDAY ADVENTURE BEGINS"

WE'RE BIG ON

- FUN
- SAFETY
- LEARNING

big
CHILD CARE

BOOK NOW AT BIGHOLIDAYCARE.COM
SAVE UP TO 90% WITH CHILD CARE SUBSIDY

The advertisement features three children in the top half: a girl on the left with her arms raised, a boy in the center wearing a red and blue cap and a red and white striped shirt with a QR code, and a boy on the right holding a blue 'big radio' device. The background is a vibrant scene of fireworks and a grassy field with colorful flowers. In the bottom left, a woman in a light pink shirt points towards the right. The overall design is bright and festive, with a blue and white wavy border at the bottom.



SPRING TASTIC!



Week 1: - 18 - 22 Sep

Week 2: - 25 - 29 Sep



MON 18 SEP | INFLATABLE WORLD \$75 + \$25



It's all blown up and ready to go. Take on the obstacle course, brave the slide or race a mate. Let's bounce on over to the world of inflatables where you're sure to be jumping for joy!



TUE 19 SEP | ART ATTACK \$75



We are getting out everything crafty! Get messy with paint or sculpt a sculpture, young creative minds are always what makes an Art attack day. We can't wait to see what masterpieces are made!



WED 20 SEP | THE BIG SHOW DAY \$75 + \$60



Roll up roll up, it's The Big Show Day! Who needs the Melbourne show when we have our very own exclusive event on BIG campus with all the BIG rides! Expect thrills, showbags, prizes, games and more!



THU 21 SEP | FOOD AROUND THE WORLD \$75



Our in house MasterChefs will be running an interactive cooking workshop where you get to learn and create some strange concoctions that you've never tried before... And guess what, you get to eat it



FRI 22 SEP | BBQ IN THE PARK \$75 + \$20



Roll up the snags and turn on the grill, because we're off to the park for a big feed BBQ, and of course we'll be there for a swing on the swings and a slip down the slide!



MON 25 SEP | REPTILE ENCOUNTERS \$75 + \$25



Get ready for a radical Reptile experience! Slither with a Snake, learn about Lizards and get up close and personal with these amazing creatures! This day is sure to be fun on the biggest 'scale'!



TUE 26 SEP | MOVIES \$75 + \$35



Settle in the corns a poppin', the movies where the bus is stoppin'! The lights are dimmed, and the screen is set for a fun for all ages movie. Check with your centre manager to see what we'll be watching



WED 27 SEP | FOOTY FRENZY \$75



Wear your footy colours and get ready for the drop! Whether you're into the footy or not, there's something for EVERYONE! You're going to have a ball in this blinder of a day, so mark up and go for goal!



THU 28 SEP | MELBOURNE ZOO \$75 + \$15



On this day out you can see a whole range of animals from lions and giraffes to eagles and reptiles. You have the chance to get up close with some of the most incredible creatures Australia has to offer!



FRI 29 SEP | PUBLIC HOLIDAY



Take a day to spend with your families, whether you're watching the footy or not, enjoy the long weekend and we'll see you on Monday to start term 4!



\$2 from every pass sold will be donated to KHPSPF!

SCHOOL HOLIDAY MUMS & KIDS FUN FITNESS SESSIONS

Get your 30 minute workout in!

Get your kids moving!

No iPads in sight!

Have fun!

Build healthy bonds with your kids!

\$12.50 per family

BYO. Mats, water bottle, sunscreen

TUESDAYS & THURSDAYS

8am

Keilor Heights Primary School

9:15am & 10am

Rosehill Reserve

Keilor East



JOIN OUR CLUB!

EST.
1970



SUMMER SEASON
2023/2024

ST CHRISTOPHER'S JUNIOR BASKETBALL CLUB

Girls and boys teams
Under 8s (born 2017) to Under 20s (born 2005)
Keilor Basketball Association competition

Develop team skills and make new friends
All levels of experience welcome



REGISTER BY
FRIDAY 8 SEPTEMBER
stchristophersjbc.com.au/new-players





Student	Class	Being For
Asha S	FA	Improvement in Writing
Ellie S	FB	Working Very Hard on Learning Her Letters & Sounds
Isaac A	12A	Aspiring During His Learning & Staying Focused on His Tasks
Eden F	12B	Being a Responsible & Hardworking Student
Amy B	34A	Taking on the Challenge to Be More Vocal in Class
Levi G	34A	Showing Perseverance & Focusing on His Work
Nevaeh C	34B	Aspiring to Always Complete Work to a High Standard
Ari Y	34B	Being a Confident Speaker at Assembly When Sharing a Poem
Aarav A	34C	Aspiring to Do His Best Work in All Areas
Alya K	34D	Displaying the School Values of Aspire & Resilience
Sam E	34D	Displaying the School Values of Respect & Responsibility
Hrithika K	56A	Experimenting with Poetic Devices in Writing
Kayra B	56A	Always Having a Positive Attitude & Showing a Growth Mindset
Mario D	56B	Showing Persistence While Completing His Tasks
Logan L	56D	Always Showing Respect when Speaking to His Classmates & Teachers
<u>SPECIALIST AWARDS</u>		
Whole Class	56D	Excellence in Italian
Whole Class	12A	Excellence in Physical Education
Whole Class	56D	Excellence in Visual Arts

ESSENDON KEILOR COLLEGE BASKETBALL

Academy

OUR BASKETBALL ACADEMY IS AIMED TO INCREASE TRAINING OPPORTUNITIES FOR STUDENT ATHLETES PLAYING REP AND OR DOMESTIC LEVEL. STUDENTS TRAIN BEFORE SCHOOL ON A TUESDAY OR THURSDAY.

TO FIND OUT MORE BOOK A TOUR AT THE NIDDRIE OR EAST KEILOR CAMPUS OF EKC:

NIDDRIE (YR 7-9) – 9375 8400

EAST KEILOR (YR 7-9) – 8331 0109

Website: <https://www.ekc.vic.edu.au/>

Facebook: <https://www.facebook.com/EssendonKeilorCollege/>



**ACADEMY COACH
MIKE SPEARS**





ESSENDON KEILOR COLLEGE

HIGH ACHIEVERS PROGRAM

Our program has been developed to bring together like-minded, high-achieving students, giving them a sense of belonging and extending them to fulfil their potential within their learning. Students will be extended in all core subjects as part of this program.

The program aims to strive for student excellence by:

- creating a more challenging learning environment for highly talented and motivated students
- providing the opportunity to work independently and cooperatively with other students of similar abilities and interests
- providing students who are academically inclined and motivated an opportunity to excel in their studies
- Developing strong and proficient skills in using ICT
- Developing sound personal and interpersonal learning to learn strategies
- Preparing students for a broader, more intensive VCE studies and/or University Extension units in their senior years.

All students successfully accepted into the program for 2024 will receive a laptop free of charge.



MORE INFORMATION & APPLICATION FORMS:

General Office: 9375 8400

Website: <https://www.ekc.vic.edu.au/>

Facebook: <https://www.facebook.com/EssendonKeilorCollege/>



**Essendon
Keilor College**



Essendon
Keilor College

ESSENDON KEILOR COLLEGE

ELITE FOOTBALL PROGRAM

In 2024 EKC is re-launching our Elite Football Program. The new program will be overseen and in alignment with Essendon Football Club & Calder Cannons Coates Talent League Program. Student athletes will have access to

- 4 x inner sanctum experiences at Essendon Football Club,
- use of the 'Hanger' facilities
- education sessions on game analysis, game plan, vision, physical performance, nutrition and individual performance run by Essendon Football Academy coaches and Calder Cannons coaches.

YEAR 7 to 9 - Weekly Academy Sessions

YEAR 9 - Elective Subject & Weekly Academy Sessions

YEAR 10 - Football Program (1 year program)

YEAR 11 & 12 - VET Sport & Recreation Football

BOYS/GIRLS/MIXED



- Under 16 EDFL Division 1 Best & Fairest Winner 2023
- Premier League
- 3 x SSV Premierships
- 28 players drafted onto AFL lists
- Over 50 players within VFL clubs

FIND OUT MORE

Essendon (Yr 10-12) - 9319-1300

East Keilor (Yr 7-9) - 8331 0109

Niddrie (Yr 7-9) - 9375 8400

Website: <https://www.ekc.vic.edu.au/>

Facebook: <https://www.facebook.com/EssendonKeilorCollege/>



PE @KHPS

Free Girls Woolworths Cricket Blast Clinic

There is an exciting opportunity for girls at KHPS to take part in a free, 4-week Cricket Blast clinic conducted by Cricket Victoria in partnership with the East Keilor Cricket Club. If your child wishes to participate then please scan the QR code below to register.



**FUN
IS IN FULL
SWING!**

Join Woolworths Cricket Blast
A safe way to have fun and stay active for kids of all abilities.

**CRICKET VICTORIA ALL GIRLS CRICKET BLAST
KEILOR HEIGHTS PRIMARY SCHOOL
10, 17, 24 & 31 OCT FROM 3:35PM - 4:35PM
SCAN THE QR CODE TO REGISTER**



SIGN UP TODAY!

🔍 Play Cricket

PROUDLY
PRESENTED BY




JUNIOR PATHWAY



From Woolworths Cricket Blast through the Junior Cricket stage, all kids can advance their skills and discover how awesome it is to be part of a team through fun game-based activities. The stages have been developed based on academic research, testing and community feedback.

This includes consideration for physical, mental and emotional development.

Participation and progression through the stage is based on ability level, therefore the ages are indicative only. Players are encouraged to participate at a stage appropriate for them.

	<ul style="list-style-type: none"> SKILLS BASED FIRST CRICKET EXPERIENCE LEARN THE SKILLS THROUGH FUN, MODIFIED GAMES PREPARE KIDS FOR JUNIOR CRICKET 	<ul style="list-style-type: none"> DURATION 60-90MINS LEARN THE SKILLS THROUGH GAMES UP TO 10 YEARS Age is indicative only
<p>JUNIOR CRICKET 1</p>	<ul style="list-style-type: none"> 7 PLAYERS 15M PITCH 20 OVERS 40M BOUNDARY DURATION 2HRS 	<ul style="list-style-type: none"> LEARN THROUGH PLAY UNDER 11 Age is indicative only
<p>JUNIOR CRICKET 2</p>	<ul style="list-style-type: none"> 9 PLAYERS 18M PITCH 30/20 OVERS 45M BOUNDARY DURATION 2-3HRS 	<ul style="list-style-type: none"> PLAYING THE GAME UNDER 13 Age is indicative only
<p>JUNIOR CRICKET 3</p>	<ul style="list-style-type: none"> 11 PLAYERS 20.1M PITCH 20/40 OVERS 50M BOUNDARY DURATION 2.5-4HRS 	<ul style="list-style-type: none"> PLAYING AND COMPETING UNDER 14-19 Age is indicative only



[Play Cricket](#)

PROUDLY PRESENTED BY



Safety around schools

Providing safe school zones for all children



Keep children safe in a school zone by:

- walking or cycling to school to decrease traffic congestion
- adhering to the 40km per hour zone when travelling in an operated schoolzone
- checking the restrictions set by the regulations and parking signs in the area and abiding by them
- not stopping or parking illegally – these actions will be noticed and infringements will be issued by Council.

You should:

- always let your child out on the kerb side of the road
- never call your child from across the road – teach them to wait until you walk over to get them or to use the school crossing

- talk to your child about what they should do if you are not there on time.

A children's crossing is a legal crossing when two flags are in place.

Teach your child to:

- always stand one step back from the kerb
- wait for the Crossing Supervisor to go out onto the crossing and blow their whistle (two short blasts), then cross the road
- not ride bikes, bounce a ball, fight, muck around or run across the crossing
- always stay within the lines of crossing and walk in front of the supervisor (never behind them)
- always be alert and listen to what the Crossing Supervisor says.

Parking near a school.

- Do not park on or near a school crossing
- Do not double park and let your child out on the road.
- You cannot stay in the drop off/pick up zone for longer than two minutes or you will be issued with an infringement.

Make sure your child is waiting in the zone before you arrive

Infringements

Council regularly patrols schools as part of our School Crossing Program. Council will issue infringements to anyone who does not obey signs or regulations. Infringements can be affixed to the vehicle or posted to the registered owner of the vehicle.

Offence	Offence description	Fine
Stopped in a 'no stopping' area	Drivers cannot stop, even briefly.	\$192
Stopped in a bus zone	Only public buses can stop here.	\$115
Parked for period longer than indicated	This is when you have overstayed the time limit indicated on the sign.	\$96
Stopped in a parking area for people with disabilities	You need a special disabled parking permit to park here. The permit number and expiry date must be visible from the outside.	\$192
Stopping on or near a children's crossing	A driver must not stop on a children's crossing, or on the road within 20 metres before, or 10 metres after the crossing.	\$192
Stopped on a footpath	You cannot leave your car standing on a footpath, it obstructs the path of pedestrians and is also very dangerous.	\$115
Stopped on or across a driveway or other way of access	No part of your vehicle can be parked or stopped across a driveway or other way of access.	\$115
Parked/stopped on a nature strip	A driver must not stop on a nature strip as it can obstruct the view of oncoming traffic and cause damage to infrastructure.	\$115

Updated July 2023

Moonee Valley Language Line

العربية	Arabic	9280 0738	Ελληνικά	Greek	9280 0741	Español	Spanish	9280 0744
廣東話	Cantonese	9280 0739	Italiano	Italian	9280 0742	Türkçe	Turkish	9280 0745
Hrvatski	Croatian	9280 0740	Somali	Somali	9280 0743	Việt-ngu	Vietnamese	9280 0746

All other languages 9280 0747





National Relay Service 13 36 77 or relayservice.com.au

This publication is available in alternative accessible formats on request.

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