



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Friday June 28th, 2024



DATES TO REMEMBER

**Friday 28th June Whole
School Assembly @ 2pm-
Foundation & Year 1
Performing**

**Friday 28th June
Y 3/4 Swimming**

**Friday 28th June - Last Day
of Term 2 -
School Finishes @ 2.25PM**

Term 3

**Monday 15th July 9am First
Day Back**

**Tuesday 20th August
Whole School - Pet
Education Program**



Dear Parents and Carers,

We have come to the end of Term 2 and halfway through the year. There have been lots of things to celebrate, including our Parent Teacher Interviews held last night.

We thank you for your attendance and look forward to continuing to develop our new reporting system to make it as meaningful and relevant as possible so that you know exactly where your child is working against the curriculum and what their next steps and personal goals are. We will continue to develop our processes so that student voice and agency is strengthened. This Semester our Year 5 and 6 students were invited to attend the interviews and we will extend this into other year levels next year.

Some of our other highlights and events from this term were our Year 5 and 6's beginning their transition program by visiting Rosehill and EKC, our Open Morning and STEM afternoon, Play Leader Training and Lorin Nicholson, Harmony Day, VSSS rehearsals, ongoing Professional Learning with Maths expert and consultant Margarita Breed, Berry Street Training, Parent Information & Picnic night, Italian Day Incursion, participation in the World's Greatest Shave, Year 3 and 4 swimming program and Science Incursion. Our lunch time clubs programs commenced and our Year 2 students participated in our cooking and gardening program. In addition to this we also had our Year 5 and 6's participate in their Interschool Sports program and doing very well at their soccer gala days.



Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture. We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL
Ronald Grove, Keilor East 3033
Phone 9336 1739

Email Address keilor.heights.ps@education.vic.gov.au
Web Address www.kheights.vic.edu.au

After all of that on top of their classroom learning, I wish everyone a well-deserved break and look forward to lots of continued learning and events in Term 3. Cohort newsletters will come out in the second week of Term 3, these will provide an overview of the term and include planned incursions or excursions.

There has also been a separate Compass communication about our camping program for 2024, reflecting on the feedback we received through our student, staff and parent surveys.

Term 3 Staffing

During Term 3, there will be some minor changes to our staffing.

Ms Haggerty will be taking leave and we welcome back Mrs Carroll who is returning from leave and will be teaching 5/6C.

We also farewell Krista Patterson who will be moving on to pursue her career in a specialist setting and wish her all the very best. We would like to thank Krista for the support and care she provided our students while at KHPS.

We held interviews last week for an ES position and welcome Anna Lange to KHPS.

Assembly will be today at 2.00pm with a special performance from our Foundation and Year 1 students.

Early dismissal will conclude the term at 2.25pm.

Enjoy the holidays.

Victoria Graham



Resource Donations

Next term, students in the art room will be creating paper mâché & sculpting projects. The art room is looking for donations of newspapers. If you have any newspapers lying around, I would love to take them off you. You can drop them off to the office.

Thank you,
Miss Megan (Art Teacher)

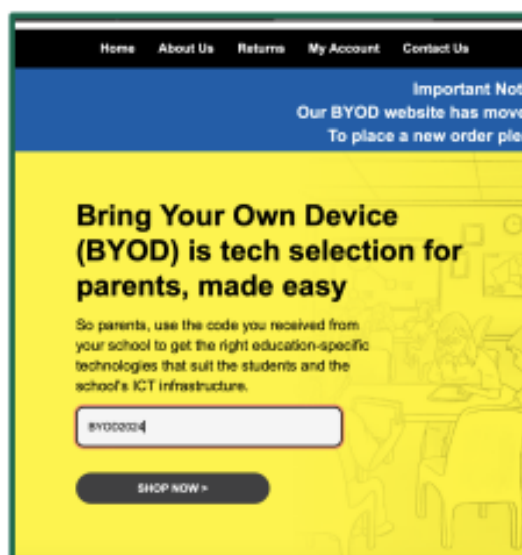




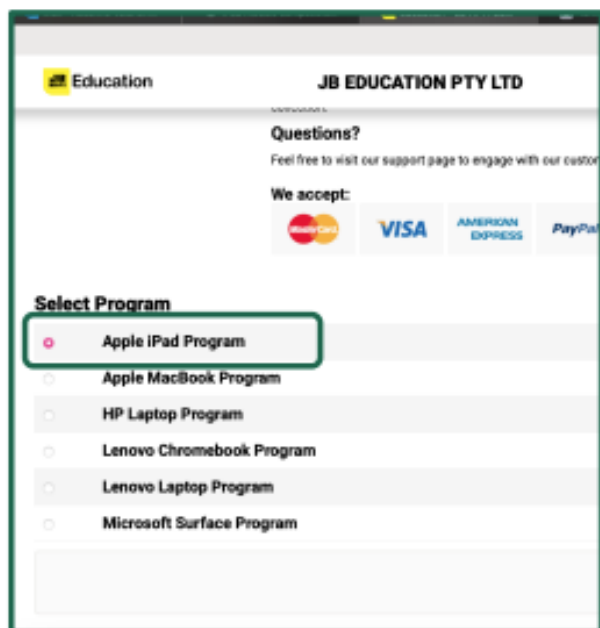
BYOD Program at KHPS

Families wishing to purchase iPads before the end of the financial year are encouraged to follow these steps to ensure they purchase an iPad that is compatible with the school's requirements and compatibilities.

1. Head to <https://www.jbeducation.com.au/byod/> or scan the QR code and enter the code **BYOD2024**



2. Select Apple iPad Program



3. Select the iPad you wish to purchase ensuring it is compatible with iPadOS 17



NOTE: If you already have an iPad you wish to use for the BYOD Program, please ensure it is compatible with iPadOS 17.

SWIMMING with the 3/4s



****SIGH**** Swimming is so tiring, and I'm so puffed out. I hear a class talking about their swimming goals so maybe we should take a peek. But before we do that, let us tell you what's been happening....

All the 3/4s have been swimming since June 17th. It will wrap up on June 28th, which is the last day of Term 2. Everyone has had goals, which we shared during our Morning Circle. Some of those goals were really hard, with people challenging themselves and what they wanted to achieve. The most common goals were mastering Freestyle, Back stroke and Breaststroke. The rare goals included Butterfly, Survival backstroke and Dolphin kick.

It was an organised time, where everyone had a swimming group. Some people were able to move up/down a group. We had to swim many laps of the pool and focus on our skills, using our arms and legs correctly and learning to breathe at the right time.

The games at the end were fun and it was good to compete against our grade members. It was a great way to end the term.

Reported on by...Amelia, Olivia W, Eden...and Ms P



This term, in weeks 10 and 11, the 3/4s participated in a Swimming Program put together by the East Keilor Leisure Centre. Move. The students all learnt something and would like to tell you about it!

"I enjoy going swimming so I can improve my backstroke and freestyle"- Ben C

"I felt wonderful because I personally like swimming"- Emma F

"I enjoyed swimming because I learnt how to do freestyle and keeping my arm above the water"- Harry R

As you can see, the students have all enjoyed this wonderful experience and hope to do something like this in the future.

Written by Mikayla, Vihana & Eva



Learn Italian with Signora Di Sipio



Students in 5/6 have been using vocabulary about things in the classroom.



And asking the question -

Tu hai _____? (Do you have _____?)

Have a go at translating this question:

Tu hai la riga?

VISUAL ART

Year 3/4

Students in Year 3/4 have been creating coral reefs inspired by the work of Ken Done and Melanie Hava. Using oil pastels, they drew their sea bed, with coral of different shapes, sizes and colours.

They then used either watercolour or acrylic paint to show the water. On separate paper they have drawn sea animals that they will add to their coral reefs.

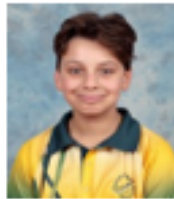


VHAP Term 2

This term the Department of Education and Training (DET) offered an extension program for Year 5 and 6 students. Known as the Victorian High Achievers Program (VHAP), it involves extension in either English or Maths.

Term 2 saw three of our Year 6 students selected to participate in the online Maths Extension classes, and two of our Year 6 students selected in the online English Extension classes. These were held with an educator from DET. The VHAP program ran for 10 weeks and was streamed online every Tuesday morning this term.

Our Year 6 students that participated in Maths were Keerthi T, Dustin V and Riyan K.



'I enjoyed VHAP because I believe I benefited from it greatly and I have learnt a lot of things in Maths that I have never even heard of. This will benefit me when I go to high school and face bigger challenges along the way. The whole experience was one that I enjoyed a lot. Our online tutor was very nice and coached us through the entire VHAP course. This was a great experience and I definitely valued it.' **Keerthi**

'I have learnt about Egyptian numerals and it prepared me for high school since there could be a high acceleration program that I could participate in.' **Dustin**

'This term I participated in VHAP Maths and I enjoyed it because it was fun. I learnt about new stuff such as Egyptian numerals and met new friends. This can prepare me for high school as I can join high achieving programs. Working online wasn't something new to me because of the pandemic. Overall VHAP was a fun experience.' **Riyan**

Our Year 6 students that participated in English were Ivy MB and Anay P



'I had a fun time learning with the VHAP Literacy program. We learnt about character archetypes and how they play their roles in the story. I enjoyed participating. I learnt a lot more than I had already known and enhanced skills that I wasn't so good with before starting. I'm pretty sure everything will help me improve other abilities that I have and get good marks when I'm in high school. I was really lucky to make it into this program. I also got to meet new people from other schools.' **Ivy**

'These classes helped me a lot with my English and my Writing ability. I also learnt about archetypes and how to implement them into a story. This journey was fun!' **Anay**

We congratulate Keerthi, Dustin and Riyan for completing the VHAP Maths course, as well as Ivy and Anay for completing the VHAP English course for 2024.

Alicia Murphy, Melissa Cowling, Patricia Pozenel
VHAP Practice Leaders

ONE STEP AT A TIME PROGRAM: PARENT SUPPORT FOR CHILDHOOD ANXIETY

Swinburne Psychology Clinic

Parents / guardians:

Do you have a primary school-aged child experiencing symptoms of anxiety?

Clinicians at Swinburne University have developed a program to help parents manage childhood anxiety in children aged 6-11 years.

Does your child experience any of the following?

- Difficulties sleeping at night due to worries
- Fears and phobias
- Difficulty separating from you or worrying about parental safety
- Trouble sleeping alone in their bed
- Fear of the dark
- Scared of lifts, trains, and people
- Fear of dogs and other animals
- Excessive worry and constant reassurance seeking
- Fear of germs and other health problems

The One Step at a Time Program involves:

- Comprehensive psychological assessment of your child's anxiety
- Seven sessions of online counselling through video conferencing
- Parent-focused cognitive behavioral therapy (CBT) skills to help you manage and support your child's anxiety
- Two combined parent-child sessions
- Reflective parenting strategies
- Access to a website with self-help materials to supplement therapy.

Cost

\$20 per session/assessment.

Treatment consists of seven therapy sessions plus one assessment session.

Contact us

Referrals and enquiries can be made by contacting the Swinburne Psychology Clinic at:

Telephone: 03 9214 8653

Email: psychprojects@swin.edu.au

OR, by accessing the online registration form by using the QR Code or the link below:

<https://forms.office.com/r/kxjjie5YcM>



Swinburne Psychology Clinic

big
CHILDCARE



WINTER WONDERLAND



big HOLIDAY CARE

"WHERE EVERY HOLIDAY ADVENTURE BEGINS"

2024 WINTER HOLIDAY CARE



 **BOOK NOW**

WINTER WONDERLAND

Week 1 | 01st – 05th July

Week 2 | 08th – 12nd July



MON 01 **Lego Master** **\$75**

Get ready to unleash your inner architect and engineer at Lego Masters! A day filled with exciting challenges, where you can let your imagination run wild. It's sure to be a brick-filled adventure with fun for all ages.



MON 08 **Bounce** **\$75 + \$55**

Fly through the air and bounce off the walls. Bounce is a massive indoor trampoline park! Learn a new trick, dunk a basket, or try the ninja warrior course! there's so much fun to be had on this epic day, so jump on in!



TUE 02 **Bowling** **\$75 + \$50**

Get ready to roll into our BIG bowling bananza! It's always a party when we take over the lanes, so boogie to the music or knock em' down for the win, either way it's going to be a pin exploding day of fun!



TUE 09 **Art Attack** **\$75**

Get ready to unleash your inner artist, where every brushstroke sparks creativity! Join us for a day filled with colourful masterpieces and crafts let your imagination run wild in this vibrant celebration of art and creativity.



WED 03 **My Kitchen Rules** **\$75**

A day of culinary adventures, where budding chefs can whip up delicious dishes & let their creativity sizzle. With plenty of yummy surprises, it's sure to be a flavour-filled day that'll have everyone asking for seconds!



WED 10 **Mini Olympics** **\$75**

As the Paris Olympics kick off, our Mini-Olympians are joining in on the excitement! A day full of celebration, teamwork, sportsmanship, and unforgettable memories. Join us and let's make this Mini Olympics a gold medal-worthy experience!



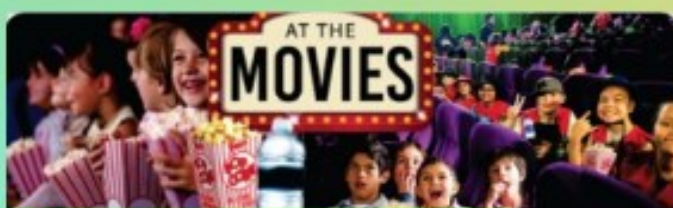
THUR 04 **Magic Show | Brainwave** **\$75 + \$50**

Prepare to laugh, wonder and wow at our very own Big Childcare exclusive magic show 'Brainwave' held at our Big HQ! After the show you may even learn a trick or 2 to amaze your family at home! SHAZAM!



THUR 11 **Imax and Museum** **\$75 + \$40**

Come join us for a movie at one of the largest IMAX screens in the world, complete with hair-raising surround sound! Plus we are visiting the Melbourne Museum to be amazed by the wonders in store.



FRI 05 **Movies** **\$75 + \$40**

Step into the magic of the big screen at Movies! Grab your popcorn, settle into comfy seats, and let the enchantment of movies come alive as we create unforgettable moments at the cinema together!



FRI 12 **Kingpin Arcade** **\$75 + \$65**

Dive into the ultimate gaming paradise at Kingpin Arcade! With a plethora of thrilling games, there's excitement around every corner. Get ready for a day of adrenaline-fueled fun that's perfect for gamers of all ages.

JUNE 26TH 27TH & 28TH

ZERO & REWARDS CARDS HOLDERS

20% OFF EVERYTHING*



SHOP INSTORE OR ONLINE

SCHOOLWEAR



ZERO AND REWARDS CARD HOLDERS
USE YOUR CARD AT CHECKOUT

2024 Events Calendar KHPS

Term 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|------------------------------|------------------------------------|---|-----------------------------|--|
| Week 1 | July 15 | 16 | 17 | 18 **Y2 Science Incursion | 19 |
| Week 2 | 22 | 23 | 24 | 25 | 26 Foundation 100 Days of School |
| Week 3 | 29 | 30 | 31 | Aug 1 | 2 |
| Week 4 | 5 District Aths | 6 Back Up for Aths | 7 | 8 | 9 |
| Week 5 | 12 BOOK FAIR WEEK | 13 | 14 | 15 | 16 |
| Week 6 | 19 | 20 Responsible Pet Education Event | 21 | 22 | 23 |
| Week 7 | 26 | 27 | 28 Father's Day Breakfast - <u>VSSS</u> Rehearsal | 29 | 30 Father's Day Stall |
| Week 8 | Sept 2 | 3 | 4 | 5 | 6 |
| Week 9 | 9 F – Y2 Swimming till 19/09 | 10 | 11 | 12 RU OK DAY VSSS Rehearsal | 13 VSSS Rehearsal VSSS Show on 14/9 |
| Week 10 | 16 | 17 | 18 | 19 School Disco | 20 Last Day T3 2.25PM Finish PFA Disco |

Term 4

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|------------------|-----------|------------------------------------|----------------|------------------------------|
| Week 1 | Oct 7 | 8 | 9 | 10 Italian Day | 11 |
| Week 2 | 14 | 15 | 16 Years 3 – 6 Lady Northcote Camp | 17 | 18 |
| Week 3 | 21 | 22 | 23 | 24 | 25 World Teacher Day |
| Week 4 | 28 | 29 | 30 | 31 | Nov 1 |
| Week 5 | 4 Curriculum Day | 5 Cup Day | 6 | 7 | 8 |
| Week 6 | 11 | 12 | 13 Yr 2 Late Night | 14 | 15 |
| Week 7 | 18 | 19 | 20 | 21 | 22 |
| Week 8 | 25 | 26 | 27 ** Colour Run | 28 | 29 |
| Week 9 | Dec 2 | 3 | 4 School Concert | 5 | 6 |
| Week 10 | 9 | 10 | 11 | 12 | 13 Year 6 Graduation |
| Week 11 | 16 | 17 | 18 | 19 | 20 Last Day T4 1.30PM Finish |

** NEW EVENT

Keilor Heights Primary School Community Cookbook



Submit your recipe today to go in the draw to win a free copy of the printed cookbook!!

RECIPE IDEAS:

| | |
|------------------|---------------------|
| Vegetarian | Picnic Fav's |
| Bread Making | Air Fryer Fav's |
| Slices | Gluten Free |
| Pizza | BBQ Beauties |
| Nut Free Fav's | Dairy Free Delights |
| Snacks | Soup |
| Celebration Food | Slow Cooker |

Recipes of any type —we want to try them all!!



Ways to submit your recipes:

- * Email a typed version
- * Email a photo of the full recipe
- * Come into the office to have it copied

Any questions please contact Anna via
email khpscookbook@gmail.com



Karting Madness

OPEN 7 DAYS

- ✓ ADULT Karts
- ✓ ROOKIE Karts
- ✓ DUAL SEATED Karts

- > Go-Karting
- > Group Racing Packages
- > Junior + Adult Leagues
- > Laser Tag Arena
- > 10 Pin Bowling
- > Ticket Arcade
- > Café and Bar
- > Function Room
- > Parties and Events

BRAYBROOK
234 BALLARAT RD
BRAYBROOK
(03) 9317 8222



BAYSWATER
9A/841 MOUNTAIN HWY
BAYSWATER
(03) 9720 8284

BOP TILL YOU DROP PERFORMING ARTS WORKSHOPS



Award-winning program, aimed at building self confidence & creativity.



**DANCING
SINGING
DRAMA
& more!**

**[CLICK
HERE TO
BOOK](#)**



AVONDALE HEIGHTS

Neil Heinz Pavillion

Thurs 4 and Friday 5 July 2024

9.00am—5.00pm

\$84 per day (total \$168)

2 day workshop

BOOKINGS ESSENTIAL

boptillyoudrop.com.au

1300 130 313

TERM 3 AT

Keilor Heights PS

sports x
sports for better minds



SOCCER



EVERY WEDNESDAY 3.30 - 4.30pm

\$141

Starting July 24th [8-week program]

FUN-BASED | FULLY INCLUSIVE | FOR ALL ABILITIES 😊

- The program is available for students from Prep - Year 6.
- Sessions will be run by qualified coaches who hold WWCC.
- Children will be split into groups according to age.

CONTACT

Aaron
aaron@sports-x.com.au

REGISTRATION

Scan QR code

or visit
sports-x.com.au





Kids Yoga & Wellbeing Class

The perfect cold weather, indoor activity to get them off the screens, moving and relaxing.

Book a child in for some 'Meaningful Fun' these Winter School Holidays

MINDFUL MOVERS CLASSES

**Whispa Wellness Studio
Albion
Tuesday July 2**

Ages 4-7 Class: 10:00am - 11:30am
Ages 8-13 Class: 12:30pm - 2:30pm

MINDFUL MOVERS CLASSES

**Yoga Freedom Studio
Avondale Heights
Mon July 1 & Thurs July 4**

Ages 4-7 Classes: 10:00am - 12:00pm
Ages 8-13 Classes: 1:00pm - 4:00pm



CLASSES INCLUDE USE OF YOGA MATS, PROPS, A HEALTHY SNACK, CRAFT ACTIVITY, TUITION BY CERTIFIED CHILDRENS YOGA INSTRUCTOR & PAEDIATRIC OT

Use the QR-code web link or visit the website to learn more and book.



RISE UP
KIDS YOGA & OT

riseupkidsyoga.com.au

Contact Michelle Roberts for more information about Rise Up Kids Yoga & OT classes by calling 0449 554 036 or emailing michellerobertsot@yahoo.com



Current Local Ranking: 25th
Overall for State Ranking: 19th



**GREAT SCHOOL HOLIDAY
ACTIVITY**



The Pancake Parlour School Rewards program is still going strong and has some wonderful prizes that would benefit our school and community should we take out top spot.

If you are looking for a fun outing with the family or want a lovely environment to have a meet and great with Parents from school why not consider having it at the Pancake Parlour!

**Download
Pancake
Parlour
APP**

**Sign up for
Personal
Rewards**

**Link in
Our
School**

And start earning rewards you can use towards purchases as well as have the points go towards the school rankings



| Student | Class | Being For |
|---------------------------------|-------|---|
| Hunter D | F1A | Helping His Peers & Showing Resilience Towards His Writing |
| Moukthika K | F1A | Trying Her Best & Showing Resilience Towards Her Writing |
| Boston P | F1B | Aspiring to Do His Best & Displaying Respectful Behaviour in the Classroom |
| Yuven M H | F1B | Always Being a Respectful & Responsible Class Member |
| Arlo K | F1C | Treating Students & Teachers Kindly |
| Ben J | 2A | Always Aspiring to do His Best in the Classroom Across All Learning Areas |
| Leo M | 2A | Always Aspiring to do His Best in the Classroom Across All Learning Areas |
| Eloise T | 2B | Always Showing the School Values During this Semester |
| Frankie F | 2B | Working Hard to Develop Her Writing Stamina |
| Alisa O | 34A | Determination when Working on Addition Equations |
| Olivia K | 34A | Determination when Working on Weekly Spelling Tasks |
| Jaydah L R | 34B | Her Excitement & Growth During the Swimming Program |
| AJ C | 34B | Putting in the Extra Information, like the Glossary, into His Explanation Text |
| Eva E | 34C | Respecting & Going Above & Beyond to Help those Around Her & Always Trying Her Best in All Her Work |
| Nathaniel N | 56A | Listening to Others & Valuing their Contributions & Being a Friendly Member of our Classroom |
| Charli F | 56A | Aspiring to Achieve Her Goals by Always Trying Her Best & Being Positive |
| Stephanie S | 56B | Showing Resilience During Challenging Tasks & Always Giving Things a Go |
| Alexa G | 56B | Always Being Respectful of Others |
| Declan D | 56B | Always Being Respectful to Others |
| Yousif A | 56C | Always Aspiring to Be & Do His Best & Setting an Example for Others |
| Olivia P | 56C | Always Aspiring to Be & Do Her Best & Setting a Great Example for Others |
| Billy K | 56D | Showing Persistence When Writing a Right There Question |
| Dario B | 56D | Using Feedback to Help Extend His Learning |
| <u>SPECIALIST AWARDS</u> | | |
| Whole Class | 2B | Excellence in Visual Arts & STEM |
| Whole Class | F1B | Excellence in Performing Arts |
| Whole Class | F1C | Excellence in Italian |
| Whole Class | 56A | Excellence in Physical Education |

CYBER SAFETY PROJECT

LIVE ONLINE VIA ZOOM
WITH ON-DEMAND
REWATCH

LIVE
WEBINARS
AT 7:30PM
(AEDT/AEST)

PARENT & GUARDIAN WEBINAR SERIES 2024

Join the Cyber Safety Project and special guest experts as they explore a diverse range of topics pertinent to raising children in a digital age.



Protecting Children Online

Kristi McVee | Child Abuse Prevention & Education

6 MAR 2024



The Sexual World of the 21st Century Adolescent

Daniel Principe | Collective Shout

30 APR 2024



Talk to Me First - Exposure to Explicit Content

Justine Kiely-Scott | Sex Education Australia

1 MAY 2024



Game Aware - Healthy Gaming

Andrew Kinch | GameAware

30 JUL 2024



Building Digital Resilience

Ash Manuel | Growing With Gratitude

3 SEPT 2024



My First Mobile Device

Luca Gennai | Cyber Safety Project

22 OCT 2024

REGISTER NOW OR FIND OUT MORE
cybersafetyproject.com.au/parents

