



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday 10th October, 2024



**Term 4
Hats must
be worn**

DATES TO REMEMBER

Term 4 - October

Thurs 10th

ITALIAN DAY

Wed/Thurs 16th/17th

Lady Northcote Camp Y3-6

Fri 25th

Book Club orders due in

Term 4 - November

Mon 04

Curriculum Day

(No students onsite)

Tues 05

Public Holiday (Melb Cup)

Mon 11

Remembrance Day

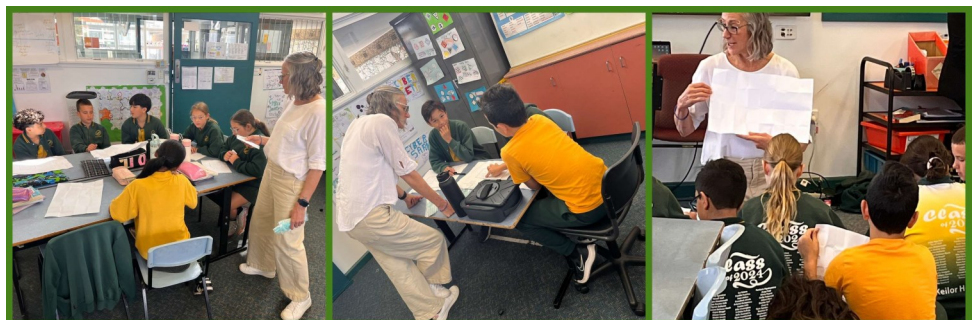
2024 School Term Dates

Term 4: 07 Oct — 20 Dec

Dear Parents and Carers,

Welcome to Term 4! As always it has been lovely catching up with students and hearing what they got up to on their holidays. It sounds like quite a few went to the Royal Melbourne Show and a few were lucky enough to take a trip overseas and enjoy some warmer weather. I would like to thank Ms Valentine for competently leading the school in my absence at the end of last term and for our Leadership Team who also took on additional roles.

This week I have spent some time in the junior classes, listening to some reading in F/1, while they were practising their fluency and hearing some poetry in the Year 2 classes. I also joined the Year 5/6 teachers observe a Maths lesson in 5/6C with our Maths consultant and expert, Margarita Breed. Students were provided with the challenge of naming the different fractions within a square provided to them. It was really rewarding to hear the discussions taking place, sharing of strategies and collaboration amongst students and their ability to verbalise their thinking with the whole class. It certainly demonstrated the progress we have made since implementing our new Maths Model and professional learning we have had with Margarita. We will continue to work with Margarita during 2025 to improve our understanding of how to provide meaningful and challenging Maths experiences and learning for our students.



Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture.

We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL
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End of Year Performance – Wednesday 4th December

Our end of year whole school performance is fast approaching. Students have been rehearsing their items in Performing Arts with Ms Caruana and looking forward to showcasing their talents on Wednesday 4th December. It will be a day of celebrations and activities. Our senior students will be running stalls during the morning and Parents and Friends will be running a sausage sizzle. We will have further details in next week's newsletter.

Italian Day

Today is our whole school Italian Day. Thank you to Mrs DiSipio for organising the day and I think everyone is looking forward to a day of activities, followed by classes Italian performances at our assembly, which will be held at 2.30pm. Don't forget to come dressed up!

Lady Northcote Years 3-6 Camp – Wednesday 16th/Thursday 17th October

Thankyou to Mr B for organising our 2024 camp for interested students in Years 3-6. All forms should have been returned to the school, so if you haven't, please do so. Students had a camp meeting yesterday and were advised of relevant information and had the opportunity to ask any questions. There will be a number of our staff and parent volunteers accompanying students on camp and I would like to thank everyone in advance for their time so our students can have this experience.

2025 Planning

A significant amount of time this Term is about planning for next year, including the structure of the school, transitions and class placements. I will keep you updated through the newsletter once these things have been confirmed. There are lots of things that take place this term, so please keep informed by reading the newsletter and any additional Compass notifications. I'm looking forward to a full term of learning, activities and celebrations.

Lost Property

Reminder to check Lost Property for missing jumpers etc. Lost Property is located outside the Chillout Room.

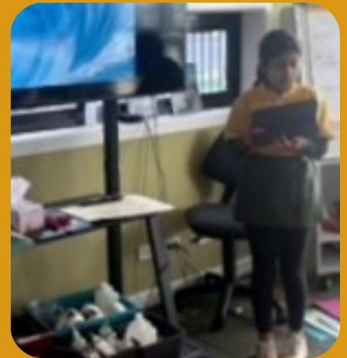
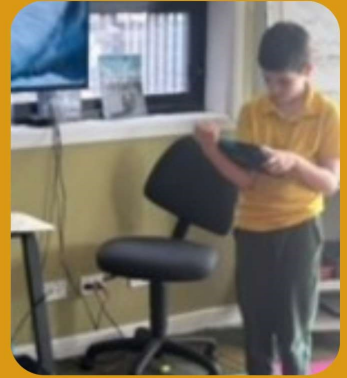
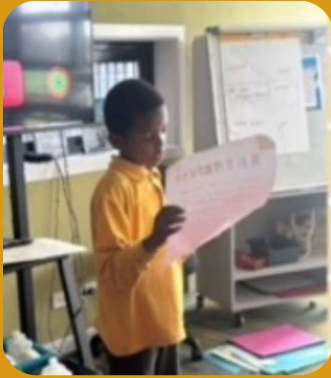
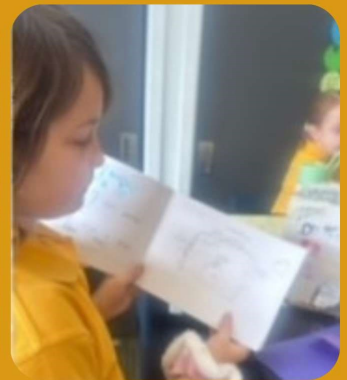
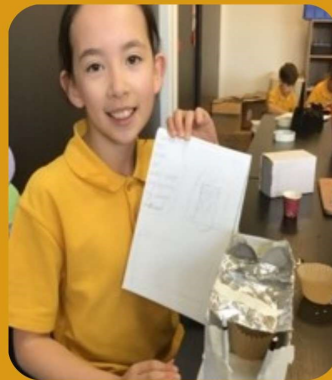
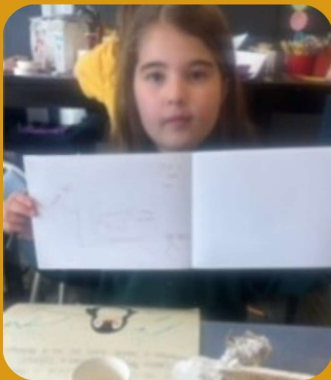
Book Club Issue 7

Book Club has been issued, please use Scholastic LOOP for any orders. Orders close: Fri 25.10.2024

Victoria Graham

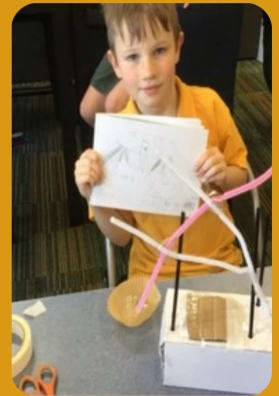
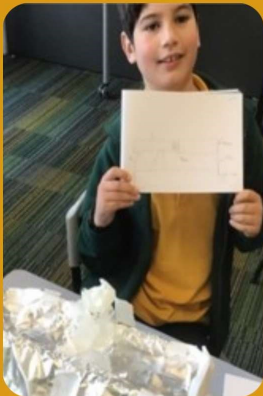
Principal

3/4 STEM



3/4 STEM students did an amazing job at presenting their Challenge Project at the end of last term.

Well done everyone!





Student	Class	Being For
Inka Carneli	F1A	Showing resilience during our writing sessions. Keep up the great work!
Ellie Sagmiller	F1B	Increasing her writing stamina and writing fantastic weekend recounts and poems. Well done Ellie!
Jett Leung	34A	Great contributions to table and partner discussions.
Ethan Hulme	34A	Immersing himself in our Italian Day celebrations
Matilda Gardner	34B	Contributing to all classroom discussions and being involved. Your input is very valuable.
Lauchlan Craggs	34C	His efforts in trying his hardest with his work and being open to feedback and for being a kind friend to his classmates. Well done!
Daniel Motaveli	56A	For showing responsibility by helping his peers and contributing to discussions.
Batu Bingo	56B	Always being organised with equipment and working well in groups.
Aubrey Gillett	56C	Being a responsible learner
Amy Babatsikos	56D	Using a hyperbole in her poetry writing.

SPECIALIST AWARDS

PE	F/1B	Making a great start to the term Physical Education. Well done!
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Italian Day – Thursday 10th October

Ciao Parents, Carers and Friends,
Today we are celebrating Italian day. You are welcome to visit and celebrate with the Italian Day activities planned during the morning sessions.

Students will be participating in 4 activities.

At lunchtime you can buy a gelati or a pizza and join in with some singing and dancing with our Italian performer Fillipo.

In the afternoon there will be a **special Assembly at 2.30pm** where students will be performing an Italian item, and winners of the best/most creative dress will be announced.

Signora Di Sipio

	Teacher	Activity
1.	Miss Carden	Italian Dance – La Tarantella
2.	Mrs Papal	Building the <i>Leaning Tower of Pisa</i>
3.	Mrs A	Pasta Art
4.	Mrs Chapman	Mona Lisa Smile
5.	Mrs Cowling	Venetian Masks
6.	Mr B	Roman Tic Tac Toe
7.	Ms Pozenel	Tombola
8.	Miss Fazzolari	Visiting the Sistine Chapel
9.	Mrs McDowall	Build the Tallest Tower
10.	Mrs Carroll	UNO in Italian
11.	Miss Bridie	Roman Mosaics
12.	Miss Megan	Science – Exploding Volcano
13.	Ms Caruana	Singing/Dancing – That's Amore'
14.	Mr Matton	Bocce

Term 3 Disco

Photographs courtesy of Anna Hatzikides



Sweet Things

Term 4 2024

CANTEEN menu

EVERYDAY HOT FOOD MENU

TERM 4 AND TERM 1

Cheese burger H	\$6.5
Chicken burger H	\$6.5
Sausage Rolls H	\$5
Hot Dog H	\$5.5
Plant Based Hot Dog PB	\$5.5
Veggie Burger	\$6.5
Beef Lasagna H	\$6.5
Fried rice with GF Soy Sauce GF EF	\$5
Spiral Bolognese H	\$6.5
Gluten Free Spiral Bolognese H GF EF	\$7
Spiral Napoli	\$6.5
Gluten Free Spiral Napoli GF EF	\$7
Chicken Goujons x 4 H	\$5
Chicken Nuggets X 3 H	\$4
Gluten Free Chicken Nuggets x2 GF H	\$4
Plant Based Nuggets x2 PB GF EF	\$4
Party Pies x2	\$4

DRINKS

Moo choc Milkshake 250ml	\$3.00
Moo strawberry Milkshake 250ml	\$3.00
Water 600ml	\$2.50
Apple Juice	\$3.50

TOASTIES WHOLEMEAL, WHITE & GF BREAD

Cheese Toastie	\$4
Cheese & Tomato Toastie	\$4.50
Ham Toastie	\$4.50
Ham, Cheese Toastie	\$4.50
Ham, Cheese, Tomato Toastie	\$5

WRAPS

Chicken Tender	\$5.5
Lettuce, Cheese, tomato, Kewpie Mayo, Tzatziki or hommus Avocado extra \$0.50	
Salad Wrap	\$5.5
Lettuce, tomato, cucumber, grated carrot, cheese with kewpie mayo, tzatziki or hommus Avocado extra \$0.50	
HLT	\$5.5
Ham, Lettuce, Tomato with kewpie Mayo	
Falafel Wrap	\$5.5
Lettuce, Cheese, tomato, cucumber, Kewpie Mayo, Tzatziki or hommus Avocado extra \$0.50	

SALADS

GARDEN SALAD lettuce, cucumber, ribbon carrot, tomato with lemon wedge
GREEK PASTA SALAD Pasta, tomato, cucumber, olives, red onion, feta cheese, oregano, lemon dressing.



SWEET THINGS WITH GREAT LOVE



Sweet Things

Term 4 2024

CANTREEN m e n u	
SNACKS	
Apple	\$1
Fresh Fruit Salad	\$4
Granola Cups with yoghurt	\$4
Jelly Cups Raspberry & grape H GF	\$3
Lemon Slice EF	\$3
Hedgehog Slice EF	\$3
Chips jumpys /veggie straws	\$2
Banana Bread	\$3
Muffin Chocolate	\$3
Large Choc chip cookie	\$3
Veggie sticks with tzatziki or hommus dip cucumber carrot celery	\$3.5
LEGEND	
DF : DAIRY FREE	
GF: GLUTEN FREE	
EF : EGG FREE	
H : HALAL	
SF: SOY FREE	
NO NUTS ARE USED AT ALL	
WINDOW SALES	
Toast with Nuttalex white and wholemeal	● \$0.50
Pretzels, Banana chips, Dried Apple	● \$1.00
Popcorn	● \$1.00
Jelly H GF Raspberry Grape	● \$3.00
Choc Chip Cookie	● \$3.00
Slice of fruit - watermelon	● \$1.00
Frozen Juice Cup DF GF EF	● \$3.00
Icy poles DF LEMONADE	● FROM \$1 - \$2
SAUCES	
Tomato Sauce	\$0.50
<p>MENU AND INGREDIENT LIST CAN BE FOUND ON THE QKR APP</p> <p>ORDERS ARE DONE THROUGH THE QKR APP</p> <p>CUT OFF IS 9AM</p>	
WINDOW SALES INGREDIENTS	
<p>PRETZELS WHEAT FLOUR, VEGETABLE OIL, SALT, YEAST, BARLEY MALT EXTRACT, RAISING AGENT 500</p>	
<p>BANANA CHIPS BANANA, COCONUT OIL, SUGAR, HONEY , GLUTEN FREE</p>	
<p>APPLE SLICES APPLE, PRESERVATIVE(SULPHITES), CITRIC ACID</p>	
<p>CHOC CHIP COOKIE FLOUR, BUTTER, EGGS, SUGAR, BAKING POWDER, BI CARB SODA, CHOC CHIPS</p>	
<p>JELLY INGREDIENTS ON APP</p>	
<p>POPCORN CORN, BUTTER</p>	

NETSETGO TERM 4

woolworths **net set go** **GIRLS & BOYS BORN 2013-2018**



**TERM 4 (9/10 - 27/11)
WEDNESDAY'S
5:30 - 6:30PM
\$80 + VNA**

**KEILOR HEIGHTS
PRIMARY SCHOOL**

REGISTER HERE



AUDREY 0487 694 153
NORTHWESTTIGERSNC@GMAIL.COM
WWW.NORTHWESTTIGERSNETBALLCLUB.COM



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The perfect indoor activity to get them off the screens, moving, laughing and relaxing.

Connect, Flow & Flourish this Spring School Holidays with a Spring Vibes Workshop

SPRING VIBES YOGA WORKSHOPS
Yoga Freedom Studio
Avondale Heights
Monday September 23
Ages 4-7 Class: 10:00am - noon
Ages 8-13 Class: 1:00pm - 3.00pm

SPRING VIBES YOGA WORKSHOPS
Yoga Freedom Studio
Avondale Heights
Wednesday October 2nd
Ages 4-7 Class: 10:00am - noon
Ages 8-13 Class: 1:00pm - 3.00pm

CLASSES INCLUDE USE OF YOGA MATS, PROPS, A HEALTHY SNACK, CRAFT ACTIVITY, TUTORIAL BY CERTIFIED CHILDRENS YOGA INSTRUCTOR & PAEDIATRIC OT



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riseupkidsyoga.com.au

Contact Michelle Roberts for more information about Rise Up Kids Yoga & OT classes by calling 0449 554 056 or emailing michellerobertsot@yahoo.com

NORTH-WEST TIGERS NETBALL CLUB



2025 TRIALS & REGISTRATION

SUNDAY 10TH NOVEMBER
10AM - 11:30AM
13&U, 15&U AND 17&U (BORN 2008-2013)
KEILOR HEIGHTS PRIMARY SCHOOL
KEILOR EAST

ALL PLAYERS MUST REGISTER FOR 2025
NETSETGO, 11&U, 13&U, 15&U, 17&U, 21&U & OPEN

REGISTRATION & TRIALS LINK:
<https://www.trybooking.com/CVYAZ>

AUDREY 0487 694 153 ANGELA 0409 336 755
NORTHWESTTIGERSNC@GMAIL.COM





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*include code in comments section - valued at \$45 offer ends October 19th

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