



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday 24th October, 2024



**Term 4
Hats must
be worn**

DATES TO REMEMBER

Term 4

Friday 25th October—Whole School Assembly 3pm

Monday 4th November
Curriculum Day—NO SCHOOL

Tuesday 5th November
Melbourne Cup—NO SCHOOL

Thursday 7th November—
Foundation Transition
9.15am-10.30am

Friday 8th November—
Whole School Assembly 3pm

Friday 29th November—
House Sports Day

Wednesday 4th December
Whole School Concert

Tuesday 10th December
STEP UP Day

Friday 13th December
Year 6 Graduation

Tuesday 17th December
COLOUR RUN

Friday 20th December
Last day of Term School
Finish @ 1.25pm

Dear Parents and Carers,

Orienteering

Last Monday our Year 3/4 students participated in an Orienteering session in preparation for the excursion Friday 1st November. The students worked in pairs or small groups to locate 'controls' placed around the school using a map. The students seemed to pick up the skills quite quickly and had lots of fun as well as feeling proud of themselves.



Transitions and 2025 Enrolments

LEAVING

We are well underway with our planning for next year, however it is crucial that we have our confirmed numbers so that we can decide on the best structure for the school. If your child/ren will not be returning to KHPS next year, please make sure you notify the office. Similarly, if you know of someone or have not enrolled your own child for next year, please contact the office for an enrolment pack or to organise a school tour.



A lot of consideration goes into our school structure as well as class placements. Teachers will be asking students to list five people who they would like to be in a class with and these are considered when allocating grades. We ask students to consider who they work well with and can be sensible with. Students are reminded that they can choose other students from outside their current class. All students will be placed with at least one child from their list. We also stress that their list is not in order of preference. We aim to have classes as balanced as possible, taking into consideration academic, girl/boy ratio, as well as social and emotional needs.

If you have a legitimate reason as to the placement of your child, please email me directly.

Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture.

We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL
Ronald Grove, Keilor East 3033
Phone 9336 1739

Email Address keilor.heights.ps@education.vic.gov.au
Web Address www.kheights.vic.edu.au

2025 Foundation Transitions

Our 2025 Foundation students will be having their transition sessions Thursday 7th November, Thursday 14th November, Thursday 28th November and Tuesday 10th December 9.15am – 10.30am.

Foundation parents and carers are invited and encouraged to attend an information session which will be held in the Chillout Room on Thursday 7th November while their child is attending their first transition.

Current students will participate in a number of transition sessions over the coming weeks. These will be mixed groups and not who they will necessarily be in a class with next year, but an opportunity to mix with other students from across their year level and work with new teachers. The whole school 'Step Up' day and final transition where students will be placed with their class and teacher for 2025 will be on Tuesday 10th December.



School Saving Bonus

As shared with you previously, parents and carers of every child enrolled in a Victorian government school in 2025 will receive the one-off School Saving Bonus \$400 support.

In the coming months, the Department of Education will send you 2 email communications for each of your children enrolled in Victorian government schools.

By Friday 25 October 2024, please ensure that your child's 2025 enrolment is completed and that your contact information is up to date.

The 2 emails from the Department of Education will:

1. **Confirm your email address between mid-October and late-November.**
2. **Provide you with your unique \$400 School Saving Bonus code by the end of November.**

If you do not receive a confirmation email from the department by late-November, please check your spam or junk folder and contact the school office if needed.

You can read more about the School Saving Bonus on the Department of Education website, [School Saving Bonus | vic.gov.au](https://www.vic.gov.au/school-saving-bonus) with key information now available in 14 different languages.

Social Media

Today is Social Awareness Day and people are encouraged to not use Social Media for 24 hours.

Please see information letter on page 8 which also provides links to fact sheets and a survey.

World Teachers Day – Friday 25th October

Tomorrow is World Teachers Day and I would like to take the opportunity to thank our teaching staff for their dedication and commitment to our profession and our students at KHPS. Teaching is becoming more and more complex as we appreciate that all students are individuals, and we need to have a differentiated approach. An important acknowledgement and addition to the new Framework for Improving Student Outcomes (FISO 2.0) is that the wellbeing and emotional needs of our students are just as important as their academic needs.

Our teaching staff at KHPS are committed to providing a range of opportunities and experiences to enhance students' academic and wellbeing needs.

Victoria Graham



KEILOR HEIGHTS PRIMARY SCHOOL

PRESENTS
HITS FROM

MUSICALS & MOVIES

WEDNESDAY 4TH DEC

BE ENTERTAINED BY PERFORMANCES FROM ALL CLASSES, THE VICTORIAN STATE SCHOOL SPECTACULAR & THE KHPS SCHOOL CHOIR

\$10 SINGLE ENTRY OR \$25 FOR 4
TICKET SALES FROM 21ST OCT- 8TH NOV

TWO PERFORMANCES
BOTH WITH INTERVALS

FIRST PERFORMANCE
11AM-1PM

SECOND PERFORMANCE
3-5PM

STUDENT
RUN
STALLS

★ ARTS & CRAFTS
★ MINI GAMES

★ HAIR BRAIDING
★ PLANT STALLS

★ GUESSING JARS
★ WATER BOMBS

PFA SAUSAGE SIZZLE
1-2:40PM



Year 2 Poetry

Over the last few weeks, the students in Year 2 have been exploring various forms of poetry. Here are some of our shape poems:






Acrostic Poems

F/I HAVE BEEN EXPLORING POEMS

Avery, Alia, Awin




Sunny Times
Under a shady tree
Nice warm water
Sunny
Holidayse
Ice-cream
Nice day to play outside
Ego to the beach

twinkl

Matteo christlan

Yohan Franklin
 Suli NHazel
 Lenny

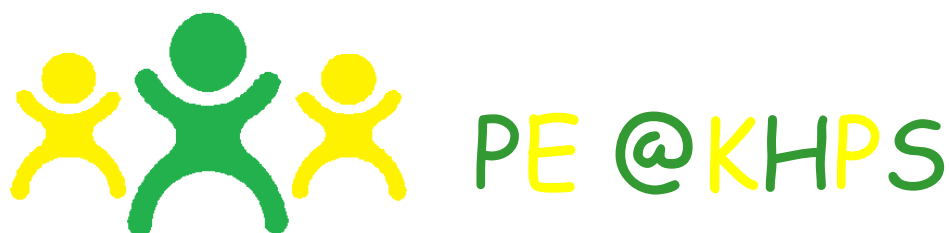


Have fun
Often talk to friends
Love going to the beach
Interesting Places to explore
Dig a Hole at the beach
Animals to explore at the zoo
You entertain yourself

twinkl

Acrostic Poems





Western Metropolitan Regional Athletics Carnival

Congratulations to the 5 students who competed at the Western Regional Athletics Carnival on Tuesday at Keilor Athletics Centre:

Leah H Triple Jump

Alexia V Shotput

Ava S Triple Jump

Jake C 100m Sprint

Finn M Hurdles and Triple Jump

You all did a fantastic job representing KHPS and we are all very proud of your achievements!

Well done!

Mr Matton

PE and Sports Co-ordinator

Social Media Safety

Parents and carers play an important role in supporting their children to be safe online and on social media. You can help your children safely navigate their digital world and educate them to avoid harmful online experiences. You can explore websites, games, apps and social media together and set some rules and boundaries.

Your support and guidance can give your children the knowledge to make sound decisions online and confidence to ask for help when they need it. It is also important to stay informed about online safety.

The Department of Education recognises this important issue and has developed fact sheets about supports to help keep students safe online and what to do if they are involved in an online incident.

The fact sheets contain links to evidence-based information on supporting positive and safe online experiences, signs a child or young person might need support, what to do if something unsafe happens online, and where to reach out to for more support.

To access the fact sheets, refer to the [Safe Socials – For parents and carers \(Primary\) | vic.gov.au](#)

The fact sheets are available in 19 community languages.

The government is also launching public consultation on age limits for social media.

You and your children can share your experiences to inform proposed changes via an online survey, before 5 pm on Friday 1 November 2024. For more information on the survey and to take part, refer to [Proposed changes to social media age limits | Engage Victoria](#) on the Engage Victoria website.

If you have any queries about this information, you can contact the department by email:

bullystoppers@education.vic.gov.au

Thank you,

Victoria Graham

KEILOR HEIGHTS PRIMARY SCHOOL PRESENTS HITS FROM MUSICALS & MOVIES

The students have been working very hard and are getting very excited to showcase their performance at the concert. They have been learning how to dance in time, sing songs, play percussion instruments and the importance of entertaining an audience. I'm very proud of how far they have come, and I can't wait to see them have a wonderful time performing on stage in front of our school community.



showcasing some of the fabulous work produced by our students on Italian Day.



Learn Italian with Signora Di Sipio



This term in 5/6, the students are learning about 'Il Cibo' - Food. This week we focused on how to order food or drinks in a café.

Cosa vorrei? - What would you like?

Vorrei un caffè` per favore – I would like a coffee please.

Uno zucchero o due? - One sugar or two?

Con latte- with milk

A hot chocolate – una cioccolata calda

Una torta – a cake

Un biscotto – a biscuit

Un bicchiere d'acqua – a glass of water

A cup of tea- una tazza di te





DEPARTMENT OF EDUCATION



Somers School Camp

A nine day residential outdoor and environmental experience for Year 5 & 6 students

Focusing on developing the Victorian Curriculum Capabilities

- Personal & Social
- Ethical
- Intercultural
- Critical & Creative Thinking



Experience FOR a Lifetime

Inspiring optimism and developing the consciousness and care of SELF, OTHERS and the ENVIRONMENT

Years 5 & 6 Students from Schools in your area will be participating in the Somers Camp.

From: Tuesday 22nd July To: Wednesday 13th August

FURTHER INFORMATION WILL BE SENT SOON

www.somerscamp.vic.edu.au

CANTEEN

menu

EVERYDAY HOT FOOD MENU

TERM 4 AND TERM 1

Cheese burger H	\$6.5
Chicken burger H	\$6.5
Sausage Rolls H	\$5
Hot Dog H	\$5.5
Plant Based Hot Dog PB	\$5.5
Veggie Burger	\$6.5
Beef Lasagna H	\$6.5
Fried rice with GF Soy Sauce GF EF	\$5
Spiral Bolognese H	\$6.5
Gluten Free Spiral Bolognese H GF EF	\$7
Spiral Napoli	\$6.5
Gluten Free Spiral Napoli GF EF	\$7
Chicken Goujons x 4 H	\$5
Chicken Nuggets X 3 H	\$4
Gluten Free Chicken Nuggets x2 GF H	\$4
^{SF} Plant Based Nuggets x2 PB GF EF	\$4
Party Pies x2	\$4

DRINKS

Moo choc Milkshake 250ml	\$3.00
Moo strawberry Milkshake 250ml	\$3.00
Water 600ml	\$2.50
Apple Juice	\$3.50

TOASTIES WHOLEMEAL, WHITE & GF BREAD

Cheese Toastie	\$4
Cheese & Tomato Toastie	\$4.50
Ham Toastie	\$4.50
Ham, Cheese Toastie	\$4.50
Ham, Cheese, Tomato Toastie	\$5

WRAPS

Chicken Tender	\$5.5
Lettuce, Cheese, tomato, Kewpie Mayo, Tzatziki or hommus Avocado extra \$0.50	
Salad Wrap	\$5.5
Lettuce, tomato, cucumber, grated carrot, cheese with kewpie mayo, tzatziki or hommus Avocado extra \$0.50	
HLT	\$5.5
Ham, Lettuce, Tomato with kewpie Mayo	
Falafel Wrap	\$5.5
Lettuce, Cheese, tomato, cucumber, Kewpie Mayo, Tzatziki or hommus Avocado extra \$0.50	

SALADS

GARDEN SALAD
lettuce, cucumber, ribbon carrot, tomato with lemon wedge
GREEK PASTA SALAD
Pasta, tomato, cucumber, olives, red onion, feta cheese, oregano, lemon dressing.



SWEET THINGS WITH GREAT LOVE



CANTEEN

menu

SNACKS

Apple	\$1
Fresh Fruit Salad	\$4
Granola Cups with yoghurt	\$4
Jelly Cups Raspberry & grape H GF	\$3
Lemon Slice EF	\$3
Hedgehog Slice EF	\$3
Chips jumpys /veggie straws	\$2
Banana Bread	\$3
Muffin Chocolate	\$3
Large Choc chip cookie	\$3
Veggie sticks with tzatziki or hommus dip cucumber carrot celery	\$3.5

LEGEND

DF : DAIRY FREE

GF: GLUTEN FREE

EF : EGG FREE

H : HALAL

SF: SOY FREE

NO NUTS ARE USED AT ALL

WINDOW SALES

Toast with Nuttelex white and wholemeal		\$0.50
Pretzels, Banana chips, Dried Apple		\$1.00
Popcorn		\$1.00
Jelly H GF Raspberry Grape		\$3.00
Choc Chip Cookie		\$3.00
Slice of fruit - watermelon		\$1.00
Frozen Juice Cup DF GF EF		\$3.00
Icy poles DF LEMONADE		FROM \$1 - \$2

SAUCES

Tomato Sauce	\$0.50
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MENU AND INGREDIENT LIST CAN BE FOUND ON THE QKR APP
 ORDERS ARE DONE THROUGH THE QKR APP
 CUT OFF IS 9AM

WINDOW SALES INGREDIENTS

PRETZELS

WHEAT FLOUR, VEGETABLE OIL, SALT, YEAST, BARLEY MALT EXTRACT, RAISING AGENT 500

BANANA CHIPS

BANANA, COCONUT OIL, SUGAR, HONEY , GLUTEN FREE

APPLE SLICES

APPLE, PRESERVATIVE(SULPHITES), CITRIC ACID

CHOC CHIP COOKIE

FLOUR, BUTTER, EGGS, SUGAR, BAKING POWDER, BI CARB SODA, CHOC CHIPS

JELLY INGREDIENTS ON APP

POPCORN

CORN, BUTTER



Kids Hot Shots Tennis Lessons



For kids of all ages and adults



Book in for Term 4 tennis with us!



Term Dates

Monday, 7th October 2024 to Saturday, 22nd December 2024

FREE Intro Lessons Available For Kids and Adults

<https://www.vidatennis.com.au/free-intro/>



Contact Us

Nick Opasinov
nick@vidatennis.com.au
0411 224 976

Essendon Tennis Club
1 Clifton Reserve
Batman St
Aberfeldie VIC 3040



Rise Up Strong

Creating Confident & Capable Kids

**STARTS NOV 12
5 WEEKLY CLASSES**

A holistic group therapy program designed for children aged 8 to 12 who would benefit from a group environment to build skills & knowledge in navigating emotions, anxiety & self-confidence.

A parent education session also part of the program. This program is developed and facilitated by Rise Up Kids Yoga & OT founder, Paediatric Occupational Therapist and Accredited Children's Yoga Teacher. See details below for more information.

RISE UP STRONG PROGRAM

Yoga Freedom Studio Avondale Heights

Tuesday November 12 to December 10

Ages 8-12 Class: 4:15pm to 5:25pm



Use the QR-code web link or visit
the website to learn more



RISE UP
KIDS YOGA & OT

riseupkidsyoga.com.au

Contact Michelle Roberts for more information about
Rise Up Kids Yoga & OT classes by calling **0449 554 036**
or emailing michellerobertsot@yahoo.com



VACCA
Connected by culture

START YOUR FOSTER CARE JOURNEY TODAY

Have you been thinking about becoming a Foster Carer?

Are you able to provide Aboriginal children with a positive and nurturing family life?

Are you excited to support a child's cultural and emotional needs?

VACCA is seeking carers who are open to a journey that is both challenging and rewarding.

If you've ever considered becoming a foster carer, now is the time to start your foster care journey.



Visit our website to find out more: www.vacca.org



Student	Class	Being For
Cian F	F1A	Aspiring to Try His Best During Writing
Ursa R	F1B	Being a Respectful & Responsible Member of the Class & Working to the Best of His Ability
Leif R	F1C	Aspiring to Do His Best Work in Class
Mia L	F1C	Showing Great Leadership Qualities
Matilda S	2A	Always Aspiring to Do Her Best in the Classroom
Fotini B	2A	Showing Responsibility by Being Helpful & Caring to Her Friends
Danny H	2B	Aspiring to Do His Best Throughout the School Day
Pippa A	2B	Aspiring to Do Her Best Throughout the School Day
Olivia K	34A	Supporting Her Peers with Their Learning
Jayden L	34A	Implementing Suggestions to Improve Working Standards
Connor D	34B	His Willingness to Help Others, Both In & Outside of the Classroom
Declan C	34C	Settling in Well at KHPS & for Developing His Persistence to Have A Go
Shrihaan D	34C	Being a Cooperative, Helpful & Caring Class Member
Byron B	56A	Showing Resilience in Numeracy by Always Reattempting Tasks & Giving them a Go
Noah J	56A	Showing Resilience at Camp by Persevering Through Challenges & Always Staying Positive
Jay L-H	56B	Aspiring to do His Best when Completing His Narrative
Tara G	56C	Being a Responsible Learner
Darcey O	56D	Creating an Interesting Alliteration Poem

SPECIALIST AWARDS

Whole Class	56C	Excellence in Physical Education
Whole Class	F1A	Excellence in Performing Arts
Whole Class	56B	Excellence in Italian
Whole Class	F1B	Excellence in Visual Arts