



Aiming for Excellence

KEILOR HEIGHTS WEEKLY NEWSLETTER



Thursday 7th August, 2025



DATES TO REMEMBER

Term 3

Monday 11th August
Interscholar Athletics

Tuesday 12th August-
Foundation Fire Education

Thursday 14th August
Y5/6 Matilda the Musical

Thursday 21st August
Book Week Parade—Whole
School Assembly 9.10am

Tuesday 26th August_
Whole School Incursion
Deborah Abela Author

Friday 5th September
Father's/Special Person Stall

Saturday 13th September
VSSS—John Cain Arena
Tickets on Sale 31st July

BEANIES \$15
AT THE OFFICE
NOW!!



Word of the Week—WORTHINESS

Dear Parents and Carers,

Recent and Upcoming Events

There has been a lot happening over the past week, including the Year 5/6 excursion to Treetops, the girls T-ball team competing at Geelong in the Western Region Metropolitan Finals, the Fire Fighters visit with the junior classes and staff's Professional Learning day on Monday with Educational Consultant Bronwyn Ryrie-Jones. The Year 3/4s have been planning an excursion to EKC which will support their Inquiry Topic this term by having the opportunity to engage with a number of science experiments using their facilities and expertise, while the senior students have been invited to attend EKC's musical, 'Matilda' next Thursday.

We had a brilliant day at Treetops on Friday and the students demonstrated a number of leadership skills throughout the day with the outdoor activities they participated in, such as Communication and Team Work, Problem Solving, Resilience and Responsibility. For many students, it was also the first time they had experienced some of the activities and it was fantastic to see them have a go and challenge themselves.

Another outstanding effort and achievement goes to our girls T-ball team who only just narrowly missed out on going to the next round. The girls have been practicing during many of their lunch times and made us all very proud.

During our Curriculum Day, staff spent the day working with Educational Consultant, Bronwyn Ryrie-Jones, learning more about 'Responsive Teaching' and how this aligns with the new Victorian Teaching and Learning Model (VTLM 2.0). The Department have allowed for schools to develop their knowledge and understanding across the next three years, for full implementation to occur in 2027. We already have many of the elements embedded into our practice and have included how we can review and refine our practice into our Annual Implementation Plan.

Keilor Heights Primary School acknowledges the Traditional Custodians of the land on which we meet and learn together, the Wurundjeri People of the Kulin Nation, and we recognise their enduring connection to the land, waters and culture.

We pay our respects to their Elders past and present.



KEILOR HEIGHTS PRIMARY SCHOOL
Ronald Grove, Keilor East 3033
Phone 9336 1739

Email Address keilor.heights.ps@education.vic.gov.au
Web Address www.kheights.vic.edu.au

Parent Opinion Survey

The Department's annual Parent Opinion Survey will be coming up in a couple of weeks time. Further information about the survey will be communicated separately through Compass.

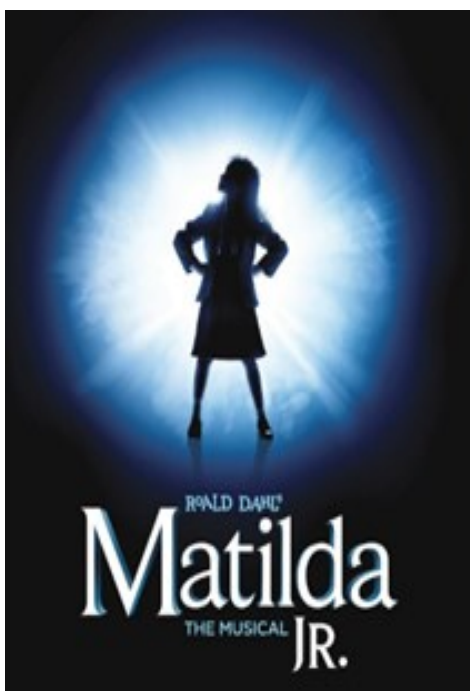
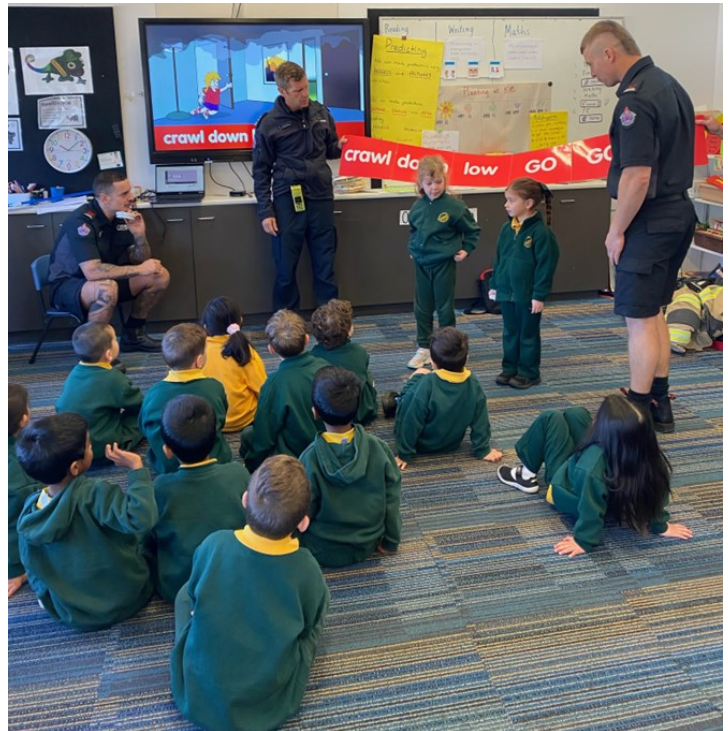
I urge families to complete the survey as it helps us to gain an understanding from your perspective on what we are doing well and how we can develop in other areas.

Staff News

Ms Caruana will be on leave until the end of this term as of 18th of August and back for the start of Term 4, during this time Mrs Robinson will be in 12B each day and we will have Odette in Performing Arts for the remainder of Term 3.

Have a nice weekend

Victoria Graham



TREETOPS





BOOK CLUB

Book Club **Issue 5 Catalogue** has been distributed,

If you are interested in placing

an order please do so by

Friday 8th August, 2025

Using Scholastic Book Club LOOP online

ORDERS ARE NOT TAKEN THROUGH THE SCHOOL OFFICE



**We are celebrating
BOOK WEEK on
Thursday 21st of Aug**

**Dress up as your favourite book
character**

**Fun literacy activities
Special assembly at 9:10**



YR 5/6 TREETOPS DAY CAMP

ON FRIDAY 1ST AUGUST, YEAR 5/6 STUDENTS VISITED TREETOPS DAY CAMP IN RIDDELLS CREEK AS PART OF THE SCHOOL'S LEADERSHIP PROGRAM. THE DAY WAS FILLED WITH EXCITING ACTIVITIES INCLUDING THE HIGH AND LOW ROPES COURSE, CUBBY HOUSE BUILDING, BUSH GOLF, A SCAVENGER HUNT, AND COOKING DAMPER AND ROASTING MARSHMALLOWS AROUND THE CAMPFIRE.

THESE HANDS-ON CHALLENGES PROVIDED STUDENTS WITH VALUABLE OPPORTUNITIES TO COLLABORATE IN NEW GROUPS, STRENGTHEN THEIR TEAMWORK, AND DEVELOP IMPORTANT LEADERSHIP SKILLS. IT WAS A FANTASTIC DAY OF FUN, LEARNING, AND PERSONAL GROWTH—THOROUGHLY ENJOYED BY ALL!





T-BALL FINALS

On Tuesday 5th August, the Girls Interschool Sports T-Ball team competed in the Western Metropolitan Regional Finals held in Corio. The team played three matches, securing two wins and one draw. Although they narrowly missed out on a spot in the Grand Final, the girls displayed exceptional skills, respect, and sportsmanship throughout the whole competition. They gave their very best effort, and the entire KHPS community should be incredibly proud of their dedication and achievements.





Tuesday 26th of August



Deborah is an Australian author of children's books. She has written 30 internationally published and awarded books, including the Max Remy series, her climate change trilogy, Grimsdon, New City and Final Storm and The Stupendously Spectacular Spelling Bee.



Student	Class	Being For
Zara P	FA	Being a Resilient & Friendly Class Member Who Tries Her Best in All Learning Tasks
Suliman E	12A	Actively Challenging Himself & Aspiring to Improve the Detail of His Writing
Asha S	12A	Showing Resilience when Faced with Challenges & Knowing How to Bounce Back
Boston P	12B	Displaying All the School Values in All that He does Both in the Class & Out in the Yard
Aria S	12B	Always Following the School Values & for Having a Go in Class Discussions
Penelope D	12C	A Wonderful Start at KHPS
Hunter D	12C	Writing a Good Procedure for the Balloon Experiment
Connor D	34A	Aspire—Continuing to Challenge Himself & Making Significant Growth in Numeracy
Aidan V	34A	Aspire—For His Sensory Poem about the MCG which Included Descriptive Language
Jonathan M	34B	Starting Term 3 with a Positive Mindset
Alexander K	34B	Beginning the Term with a Positive Mindset
Chloe D	34C	Enthusiastically Working on Multiplication Fact Fluency
Shrihaan D	34C	Consistently Sharing His Thinking in Class & Small Group Discussions
Jayden D	56A	Being a Fantastic Classmate who is Always Ready to Help Others & makes them Feel Supported
Roley N	56A	The Wonderful Effort He has Shown in His Poetry Writing Through Great Creativity
Alexa G	56B	Always Displaying the School Values
Ryan F	56B	Confidently Sharing His Work with His Peers
Zimo Y	56B	Demonstrating an Excellent Display of Maths Skills & Reasoning
Dante M	56C	Showing Continuous Growth in His Classwork & Participation in Discussions
Noah M	56C	Starting off Term 3 with a Positive Attitude in Class
Ben C	56D	Starting Term 3 with a Very Positive Attitude to Learning & Being a Helpful Class Member
Jett L	56D	Always Having a Positive Attitude to Learning & Always Being a Respectful Class Member
SPECIALIST AWARDS		
Will D	12B	Excellence in Physical Education
Fili F	12B	Excellence in Performing Arts
Vivian N	56B	Excellence in Visual Art
Artin T	56A	Excellence in STEM



windy hill
fitness centre

HURRY—OFFER ENDS 31/08/2025

GET FIT GIVE BACK

 This August, buy a 6-month membership at Windy Hill for just \$299 and BlueFit will donate \$100 to our organisation*.

For every new member that joins in August, BlueFit will donate \$100 to Keilor Heights Primary School. Just nominate the school on joining.

We are grateful for the funds we've received in the past two years. This has enabled the school to purchase equipment for the cooking and gardening groups. Future donations will continue to be used on educational resources and equipment for small groups run by ES.

Join up this AUGUST. Start your fitness goals and at the same time support the school. Together, we can move with purpose and achieve success.

Thanks for your support, Sue

BY CHIARA, ALLEGRA, NEVAEH,
TIARA

KEILOR HEIGHT'S CONTAINER DEPOSIT SCHEME



MAKE A POSITIVE CHANGE BY FUNDRAISING AND RECYCLING AT THE SAME TIME



EACH BOTTLE THAT
YOU RECYCLE IS WORTH
10 CENTS

10c

WHAT IS RECYCLING?

Recycling is the process of taking materials that would be thrown away and turning them into new products. Materials that can be recycled include: **paper, plastic, glass** and metal.

You can recycle plastic and glass bottles by collecting them and recycling them at container deposits for 10 cents per bottle.

STEPS ON HOW TO RECYCLE

Number 1: in CDS vic west app, search 'cans for khps under charities

Number 2: click 'set as payout'

Number 3: scan cans as normal and move onto your day.

HOW TO RECYCLE

Collect: Collect plastic or glass bottles to recycle.

Sort: Sort your bottles by the type of material to recycle them properly.

Deposit: Deposit your bottles at a container deposit centre to receive money to donate.



DONATED MONEY FROM
BOTTLES WILL GO
TOWARDS A GAGA PIT!

CDS
VIC

VICTORIA
State Government





Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



You might have noticed our pink signage and line markings for our drop off and pick up zone. This zone is not for waiting in.

Carers should always drop off or pick up their child/ren from the designated area and, in this zone:

- ask your child to head straight to the pick up zone once the bell rings – they will then be ready and waiting once you arrive
- plan to arrive after the bell rings, not before, as you cannot wait in the zone
- remain in your vehicles at all times
- move forward to join the queue so that other vehicles can get into the zone
- use the hand brake and put the vehicle in park when it is stationary
- do not double park
- do not park across a pedestrian crossing
- do not undertake a U-turn in close proximity to the school.

Students should:

- keep your seat belt on until the vehicle has stopped in the zone
- have your school bag and other items in a safe position on the floor and ready for you to take with you when the vehicle has stopped
- always get in and out of the vehicle through the safety door (the rear footpath-side door).

What does the no parking sign mean?

It means that you cannot park in the zone during the times identified on the sign as it is to be used only as a pick up or drop off zone during those times.

You can only stay in this zone for two minutes. If you overstay this time limit, you could receive an infringement.



Moonee Valley Language Line

العربية	Arabic	9280 0738	Ελληνικά	Greek	9280 0741	Español	Spanish	9280 0744
廣東話	Cantonese	9280 0739	Italiano	Italian	9280 0742	Türkçe	Turkish	9280 0745
Hrvatski	Croatian	9280 0740	Somali	Somali	9280 0743	Việt-ngu	Vietnamese	9280 0746

All other languages 9280 0747

National Relay Service 13 36 77 or relayservice.com.au

This publication is available in alternative accessible formats on request.

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Email council@mvc.vic.gov.au

mvc.vic.gov.au



ONE STEP AT A TIME PROGRAM: PARENT SUPPORT FOR CHILDHOOD ANXIETY

Swinburne Psychology Clinic

Parents / guardians:

Do you have a primary school-aged child experiencing symptoms of anxiety?

Clinicians at Swinburne University have developed a program to help parents manage childhood anxiety in children aged 6-11 years.

Does your child experience any of the following?

- Difficulties sleeping at night due to worries
- Fears and phobias
- Difficulty separating from you or worrying about parental safety
- Trouble sleeping alone in their bed
- Fear of the dark
- Scared of lifts, trains, and people
- Fear of dogs and other animals
- Excessive worry and constant reassurance seeking
- Fear of germs and other health problems

The One Step at a Time Program involves:

- Comprehensive psychological assessment of your child's anxiety
- Seven sessions of online counselling through video conferencing
- Parent-focused cognitive behavioral therapy (CBT) skills to help you manage and support your child's anxiety
- Two combined parent-child sessions
- Reflective parenting strategies
- Access to a website with self-help materials to supplement therapy.

Cost

\$20 per session/assessment.

Treatment consists of seven therapy sessions plus one assessment session.

Contact us

Referrals and enquiries can be made by contacting the Swinburne Psychology Clinic at:

Telephone: 03 9214 8653

Email: psychprojects@swin.edu.au

OR, by accessing the online registration form by using the QR Code or the link below:

<https://forms.office.com/r/kxjje5YcM>



TECH SAFE PARENTS 2025 WEBINAR SERIES

Looking to stay informed about your child's online safety but juggling a busy schedule? The Cyber Safety Project has got you covered!

- ✓ Stay informed on the latest online safety trends
- ✓ Join live sessions and engage with experts
- ✓ Need flexibility? Watch the recordings anytime!



TUE 18
MAR

ONLINE SAFETY ESSENTIALS: KEEPING YOUR KIDS SAFE IN THE DIGITAL WORLD
Tips and techniques to protect your family from online threats—learn about parental controls, safe browsing habits, and essential digital safeguards.

WED 2
APR

CYBERBULLYING UNCOVERED: EMPOWERING PARENTS TO PROTECT KIDS' WELLBEING
Learn to identify signs of cyberbullying, start meaningful conversations, and create a safer online environment for your child.

TUE 3
JUN

THE SOCIAL MEDIA GUIDE: WHAT EVERY PARENT NEEDS TO KNOW IN 2025
From privacy settings to healthy habits, we will arm parents with tools to help children use social media responsibly, including navigating the impact of Australia's social media ban.

WED 13
AUG

AI DEEPFAKES & MISINFORMATION: UNDERSTANDING AI'S IMPACT ON YOUR KIDS
Explore how AI is influencing young minds, its benefits and risks, and learn how to teach children to use AI tools responsibly.

THU 23
OCT

SAFE GAMING FOR KIDS: BUILDING BOUNDARIES FOR POSITIVE PLAY
Explore practical strategies to manage gaming habits, set boundaries, and ensure your child has a healthy relationship with online games.

REGISTER NOW
cybersafetyproject.com/parents2025

OR
SCAN
HERE



CYBER
SAFETY
PROJECT

Gain expert
insights,
practical
advice, and
peace of
mind

All live
webinars
commence
at 7.30pm
AEDT/AEST